

PREVENTING FALLS

Every year thousands of children are injured from preventable falls

TIPS FOR WINDOW SAFETY

1. Keep furniture away from open windows.
2. Window screens can not hold the weight of a child and can not prevent falls
3. Latch windows to prevent them from opening more than 10cm (4 inches).



SAFETY ON RAISED SURFACES

1. Children require constant supervision when on raised surfaces
2. Even a newborn can wriggle enough to fall off the change table, bed or sofa.
3. Avoid placing car seats, infant chairs or bouncers on raised surfaces like furniture, counters, or appliances.



Scan for more information!



WHEN TO SEEK MEDICAL CARE AFTER MINOR HEAD INJURIES

Bring your baby or toddler to the Emergency Department right away if you baby:

- Is not feeding well or keeps throwing up
- Is crying, very fussy or difficult to comfort
- Is very drowsy and difficult to wake up
- Has bulging or swelling on the soft spot on top of their head
- Behaves in an unusual way



Call 911 immediately if:

- It is very difficult to wake your child or you cannot wake your child
- Your child has a seizure (which may look like your child is unconscious and shaking)

Scan for more information!

