**Elizabeth Hollington Shouldice, MD CCFP(EM) FCFP MPH**

# Professional Experience

**Physician Queensway Carleton Hospital, Emergency Medicine**

2008 – ongoing

**Addiction Medicine Physician, Recovery Care West, Bells Corners, Ottawa**

2017-present

**Department of Emergency Medicine**

**Assistant Professor**

* University of Ottawa Faculty of Medicine
* Department of Emergency Medicine

2015-present

**Medial Director**

* Advanced and Primary Care Paramedic Programs
* Algonquin College, Ottawa, Ontario

2015-present

* **Vice President, Queensway Carleton Hospital Medical Staff,** 2012-2020
* **Chair, Canadian Association of Emergency Physicians, Opioid Taskforce,** May 2019-present
* **Board Member, Canadian Association of Emergency Physicians,** 2020-present
* **Meta:PHI, Emergency Medicine Advisor,** 2021-present
* **Public Affairs Committee, Canadian Association of Emergency Physicians,** 2013-present
* **Examiner, CCFP(EM) Oral Examination,** Toronto, 2011-ongoing
* **Mentor, OCFP, Medical Mentoring for Addictions and Pain (MMAP) Network, 2019 to present**
* **Secretary/Treasurer, Queensway Carleton Hospital Medical Staff,** 2011-2012
* **Janus Committee, National Physician Survey, College of Family Physicians of Canada,** 2011-2014
* **Physician Great War Memorial Site, Perth and Smiths Falls District Hospital, Family/Emergency Medicine** March 2008-2019
* Attended **Physician Management Institute Course Managing People,** 2014 **Leading Change and Innovation,** 2012
* Attended, **Physician Leadership Conference,** Ottawa, 2012
* **Lead Physician, St. Eustace Ecumenical Dominican Republic Mission,** February 2011
* **Locum Physician, Hay River Health and Social Services, Hay River North West Territories, Family and Emergency Medicine,** November 2010-2013
* **Locum Physician North Lanark County Community Health Centre, Family Medicine** January-February 2009
* **Assistant Attending Physician, Chansal Pass, Himachal Pradesh, India, Remote Primary Care** October 2008
* **Locum Physician Ottawa Hospital, Emergency Medicine** July 2008-September 2008

# Education

**Master of Public Health – 2013**

Johns Hopkins Bloomberg School of Public Health

* **Focus on Health Policy and Quality Improvement**
* **Final project focusing on quality improvement in an emergency department setting**

**Emergency Medicine Residency Program – CCFP(EM)**

University of Ottawa – Completed September 2008

Ottawa, Ontario

* **CAEP CCFP-EM National Resident Leadership Award** (2008)
* **University of Ottawa, Department of Emergency Medicine EM Research Award** (2008)
* **University of Ottawa, Department of Emergency Medicine Resident Educator of the Year Award** (2008)
* **University of Ottawa, CCFP(EM) Program. Chief Resident** (2007-2008)

**Family Medicine Residency Program**

Dalhousie University – Completed July 2007

Halifax, Nova Scotia

* **College of Family Physicians of Canada Resident Leadership Award** (2007)
* **Dalhousie University, Family Medicine Residency Program, Chief Resident** (2006-2007)

**Doctor of Medicine – 2005**

## Dalhousie University Faculty of Medicine

Halifax, Nova Scotia

* **College of Family Physicians of Canada, Student Leadership Award** (2005)
* **Silver ‘D’** for outstanding contribution to class spirit and student life (2005)
* **Judith Anne Tanner Award in Music** for contribution to Dalhousie Music-in-Medicine Program (2005)
* **Ross Stewart Smith Scholarship** for Academic Standing in top 10% of medical school class (2004
* **Undergraduate Medical Student Research Day**, Award for outstanding presentation (2003)
* **F. Murray Fraser Summer Studentship** in Family Medicine (2003)
* Elected to **Alpha Omega Alpha Honor Medical Society** (2004)

###### Recent Publications, Invited Presentations and Research Projects

Drummond A, **Shouldice E.** Wait Times and Access Block: Engaging Government and Media. *Canadian Association of Emergency Medicine Annual Conference.* Invited session. June 2016

Track Chair: Advocacy in Emergency Medicine. *Canadian Association of Emergency Medicine Annual Conference.* Invited session. June 2016

**Shouldice E.** Challenging Chest Pain Cases. *National Capital Conference on Emergency Medicine.* Invited workshop. February 2014.

**Shouldice E.** Obstetrical and Gynecological Emergencies: Women’s Health on the Fly! *National Capital Conference on Emergency Medicine.* Invited workshop. February 2013.

**Shouldice E.** Isolation in the ED: Focus on QCH Measles Outbreak. *National Capital Conference on Emergency Medicine.* Invited talk. February 2012.

**Shouldice E**. Transition to Practice. *CJEM* Jul;11(4):397-8.

**Shouldice E,** Woo M, Perry J. Management of Cutaneous Abscesses in the Emergency Department. Poster Presentation at CAEP, June, 2009.

**Shouldice E,** Woo M, Perry J. Management of Cutaneous Abscesses in the Emergency Department. Presented at University of Ottawa Resident Research Day, June, 2008.

Avinashi, V, **Shouldice E**,Canadian Federation of Medical Students.Declining interest in family medicine: What medical students think. *CMAJ*. 2006 Mar 14;174(6):761-2.

Avinashi, V, **Shouldice E**,Canadian Federation of Medical Students.Declining interest in family medicine: What medical students think. Poster Presentation. Association of Faculties of Medicine of Canada, Annual Meeting, April 2005.

**Shouldice E**,Burge F, Lawson B. Rural and urban residence and place of death in congestive heart failure, 1997-2001. Presented at Dalhousie Medical Student Research Day, November 2004.

**Shouldice E**, Fernandez C, McCully B, Schmidt M, Fraser R, Cook C. Voriconazole treatment of presumptive disseminated Aspergillus infection in a child with acute leukemia. J Pediatr Hematol Oncol. 2003 Sep;25(9):732-4.

**Relevant Extra Teaching Experience**

**2015-present Medical Director, Advanced and Primary Care Paramedic Programs, Algonquin College**

**2012-present University of Ottawa, CCFP(EM) program Obs/Gyne lectures**

**2014, 2015 University of Ottawa, RCPSC (EM) program Administration Block, Public Health Lecture**

**2011, 2012, 2013 University of Ottawa, OSCE Examiner**

**2011, 2012 University of Ottawa FMIG Guest Speaker**

**2010, 2012, 2016, 2018 Mentor, University of Ottawa, CCFP(EM) Residents**

**2008-present Preceptor,** Undergraduate and Postgraduate Medical Students and Residents, regularly during clinical shifts, presently in emergency medicine and previously in family medicine

**2009 Guest Lecturer,** Carleton University Psychology 4001, *Human Sexuality.* 1. Sexual Response Cycle 2. Conception, Pregnancy and Child Birth

**2006-2007** Resident Project, ***Teaching Residents to Teach****,* Organization of workshop, literature review, national survey

**Media Coverage**

**April 2018 *CBC. New Bells Corners Addiction Treatment Centre Reports High Demand.*** https://www.cbc.ca/news/canada/ottawa/recovery-ottawa-west-opioid-addiction-treatment-1.4605762

**May 2017  *CBC. Surge of Overdoses Straining Ottawa ERs.***

https://www.cbc.ca/news/canada/ottawa/overdose-rates-ottawa-emergency-rooms-april-1.4132181

**April 2017 *CBC. Thrilling Playoff Run Can Strain Fans Health.*** https://www.cbc.ca/news/canada/ottawa/nhl-playoffs-fans-stress-1.4093051

**July 2009 *Canadian Journal of Emergency Medicine***

**http://www.caep.ca/template.asp?id=859BE5E6ACA847C382C9AE641BA8FBAC**

**Certifications**

* **UHN Hepatitis C Workshop.** 2019
* **CAMH. Opioid Dependence Treatment Certification.** 2018
* **ACLS Instructor** November 2014
* **APLS** February 2011
* **NRP** February 2017
* **AIME** June 2013
* **CASTED** May 2010
* **Difficult Airway Course Emergency** May 2008
* **PALS** October 2016
* **Emergency Department Ultra Sound, Level I** Completed November 2007
* **Emergency Department Ultra Sound, Level II** Completed October 2015
* **Independent Ultrasound Certification, CEUS** 2012
* **ACLS** Recertification May 2007
* **ALARM** Completed May 2006
* **ATLS** May 2013
* **PADI** Certified SCUBA diver

**Memberships**

* **Ontario Medical Association**
* **College of Physicians and Surgeons of Ontario**
* **Canadian Medical Association**
* **College of Family Physicians of Canada**
* **Canadian Association of Emergency Physicians**

**September 2021**