

## **Alternative Training Streams and Education Opportunities in EM across Canada**

*Updated January 2022*

### **British Columbia**

#### ***NEEP/NOEP***

- <https://neepdocs.ca/>
- The Nanaimo (NEEP) / Northern Emergency ED Program (NoEEP) is funded by the Rural Coordination Center for BC (RCCbc) and the Rural Education Action Plan (REAP) to provide family physicians practicing in smaller and rural communities with a three-month, full time, remunerated fellowship in Emergency Medicine
- Provided in the spring (April-June) and fall (September-December).
- Composed of three 4-week rotations
- Minimum 8 weeks CORE clinical emergency and procedure work
- 2-4 weeks of ELECTIVES coordinated with approved sites
- The core clinical placements occur at Nanaimo Regional General Hospital in Nanaimo (NEEP), and at University of Northern BC Hospital in Prince George (NoEEP)
- Elective placements in Anaesthesia, Intensive Care, or Rural Emergency complement the ED rotations
- Weekly academic sessions include a variety of emergency medicine topics, refreshers in ACLS, ATLS, and PALS, ultrasound (POCUS) training, and hands on training in the high-fidelity medical simulation (SIM) lab
- *Contact:* neepdocs@gmail.com

#### ***The Rural Skills Upgrade Program***

- <https://rccbc.ca/practitioner-support/rural-physicians/reap-programs/rural-skills-upgrade-program/>
- Provides funding for upfront skills enhancement training of physicians who are new or returning to rural practice or members of Locums for Rural BC
- Training opportunities available under this program are flexible in timing and may be up to 20 days in length per fiscal year and are usually in the form of one-on-one preceptorships

#### ***Eligibility***

- New or Returning Rural Physicians must have:
  - a formal commitment to practice in a RSA community
  - a letter of support from the local Chief of Staff that confirms community commitment
  - a letter of support from the health authority regional medical director (or equivalent)
- Locum physicians must:

- be accepted by Locums for Rural BC prior to applying for funding
- complete a return of service to Locums for Rural BC within one year of completion of training
- the return of service commitment must be twice as long as the training commitment

#### *Benefits*

- \$950 per day stipend to cover income loss, overhead, or tuition
- reimbursement up to \$2,000 for travel costs
- up to \$200 per training day for accommodation, or a boarding cost in the amount of \$75 per day

#### *Application Deadline*

- The application form and all supporting documents must be submitted **prior** to training, but *may* be accepted up to one week prior to the end of the fiscal year in which the training began, the fiscal year runs from April 1 – March 31.

*Contact:* REAP.Physicians@ubc.ca

### **Ontario**

#### ***SEME (Supplementary Emergency Medicine Experience) through the University of Toronto***

- <https://semedfcm.com>
- <https://www.dfcm.utoronto.ca/supplemental-emergency-medicine-experience-seme>
- Funded through the Ontario Ministry of Health and Long-Term Care and administered through the Department of Family and Community Medicine at the University of Toronto: The Ontario MOHLTC has approved funding for the SEME program until 2025.
- Centralized and administered by Mount Sinai Hospital's Emergency Department in Toronto
- Three-month, full time, remunerated fellowship (stipend of \$5000/mth). This program is provided in the spring (April-June) and fall (September-December).
- It is designed for physicians practicing comprehensive Family Medicine in smaller and rural communities and provides a unique opportunity for comprehensive skills enhancement in Emergency Medicine.
- 12 learners per cohort, twice per year
- A survey conducted in 2016 of the Phase I graduates (2012-2013) demonstrated that 96% of graduates are continuing to provide emergency services in their communities which included over 46 rural and semi-rural sites across Ontario.
- In 2020, the Ontario MOHLTC approved an expansion site for the SEME program in **Thunder Bay**. Beginning Spring 2021, the Thunder Bay SEME program is welcoming three physicians per year to complete the program *longitudinally* between Sept-March.
- *Contact:* seme.dfcm@utoronto.ca

### ***Other self-designed PGY-3 programs in Ontario***

#### McMaster: enhanced clinical skills

- <https://fammedmcmaster.ca/education/postgraduate/enhanced-skills/>
- <https://medm-backend.fammedmcmaster.ca/wp-content/uploads/2020/06/Rural-Regional-Self-Designed-Program-June-2020.pdf>
- *Contact:* Dr. Peter Wells [fmpgy3@mcmaster.ca](mailto:fmpgy3@mcmaster.ca)
  - “Rural/Regional Self Design Program”
  - Program duration: 3 – 6 Months
  - 6 to 8 positions

#### Queen’s: Enhanced Skills – Rural Skills

- <https://familymedicine.queensu.ca/familymedicine/familymedicine/familymedicine/academics/enhanced-skills-pgy3/rural-skills>
- *Contact:* *Enhanced Skills Program Director* Dr. Meg Gemmill [meg.gemmill@queensu.ca](mailto:meg.gemmill@queensu.ca)  
*Program Coordinator* Dana Doll [DFM-EnhancedSkills@queensu.ca](mailto:DFM-EnhancedSkills@queensu.ca)
  - Because each community differs and the skill set of the physicians in each community differs, the Rural Skills program is highly individualized to help meet the educational objectives of the resident and the needs of the community (or type of community) in which the physician will practice. All of these programs are self-designed with input from the Program Director and other academic advisors.
  - The length of the overall program and the length of each rotation is generally negotiated between the program coordinator and the resident. The Rural Skill program can be a minimum of 3 blocks and a maximum of 6 blocks.
  - *It should be emphasized that the Rural Skills program is not a mechanism by which to gain eligibility to write the examination of special competence in emergency medicine as a resident candidate.*

#### NOSM: Self-directed Enhanced Skills

- <https://www.nosm.ca/enhancedskills/selfdirected/>
- *Contact:* *Self-directed Enhanced Skills Program Director* Dr. Kathy Simpson [simpsonk@tbh.net](mailto:simpsonk@tbh.net)  
*Program coordinator* Marie Parkkari [mparkkari@nosm.ca](mailto:mparkkari@nosm.ca)
  - NOSM Postgraduate Family Medicine is pleased to have funding available to support a number of residents interested in developing Enhanced Skills that will benefit the PGY3 resident in confidently and competently providing service to their future community of

- practice; this practice can be a traditional comprehensive, continuing care practice or as a practice with special interests or focused practice.
- At present, funding is available for at least one (1) 12-month PGY3 position in the Self Directed Enhanced Skills stream.
  - The program will provide opportunities for residents to select experiences that meet their individual learning needs with flexible lengths ranging from a minimum of 3-months to a maximum of 12-months
  - Preference will be given to those residents with a demonstrated interest in northern or rural practice, seeking four or more months of training. In addition, residents able to describe how the Enhanced Skills training they are seeking will meet a specific community need will be given preference.

#### Western University: Enhanced Skills Program (Category 2) - Individualized Program

- [https://www.schulich.uwo.ca/familymedicine/postgraduate/enhanced\\_skills\\_programs.html](https://www.schulich.uwo.ca/familymedicine/postgraduate/enhanced_skills_programs.html)
- *Contact: Enhanced Skills Program Director* Dr. Kyle Carter  
*Program Co-ordinator* Dennis Sue [fmpgc@schulich.uwo.ca](mailto:fmpgc@schulich.uwo.ca)
- There are 22 Enhanced Skills positions available that are split between the positions offered to those applicants that are certificate-eligible by the College of Family Physicians of Canada.
- Term: 6 blocks – 1 year
- Note: Prior to applying please check with Dr. Carter to see if your proposed individualized program is acceptable. *An individualized program with a focus similar to a current enhanced skills programs is not acceptable*

#### **\*Mentorship programs:**

Some hospitals/Emergency Departments may have opportunities to provide formal Mentorship opportunities to CCFP-licenced physicians to transition into work in the Emergency Department. For example, see this advertisement from Bluewater Health in Sarnia :

<https://www.bluewaterhealth.ca/sites/default/files/Bluewater%20Health%20Emergency%20ad%20Aug%202019%20incl%20mentorship.pdf>