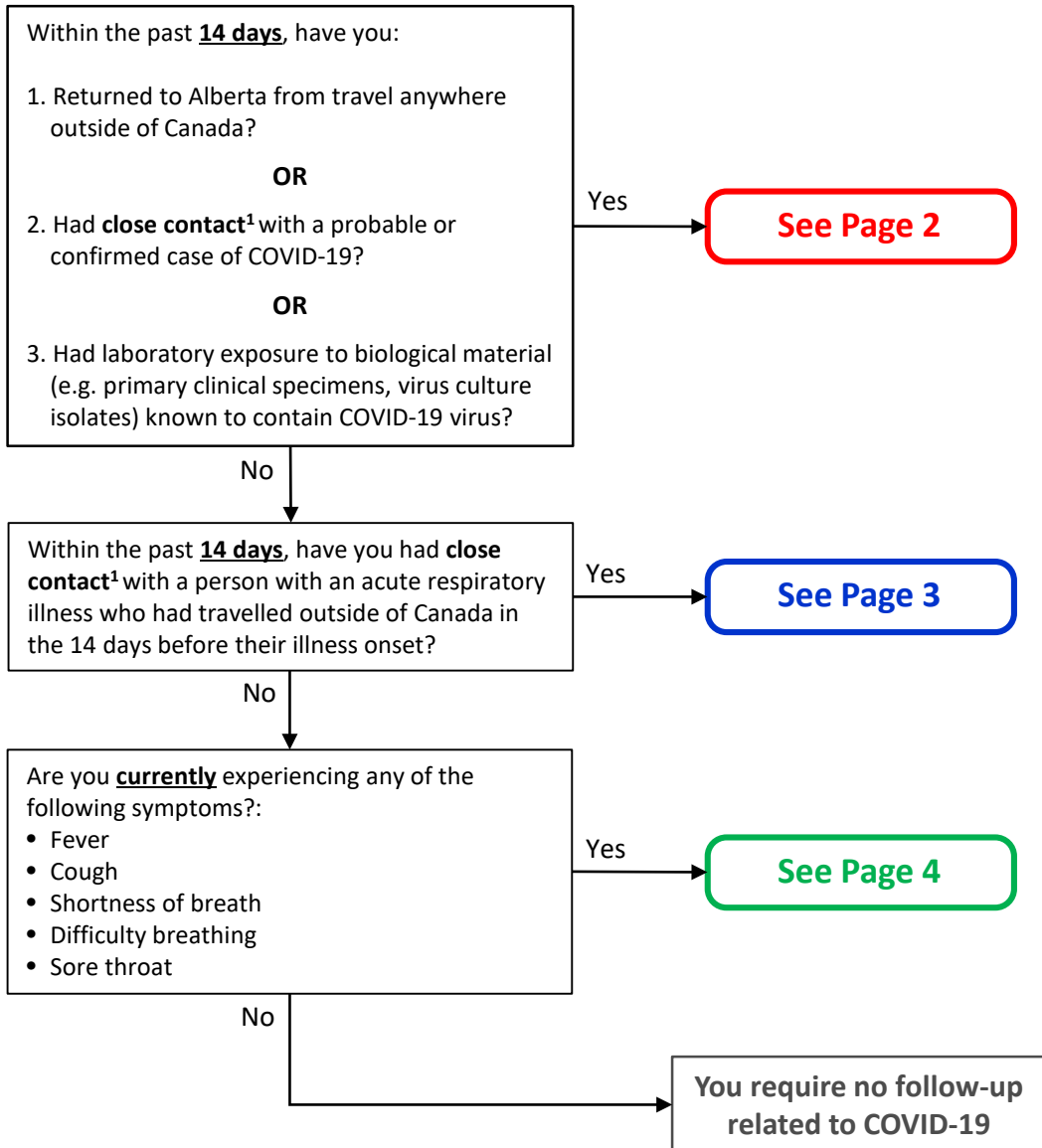


## COVID-19 Guidance for AHS Employees, Medical Staff, and Midwifery Staff – Travel and Symptoms



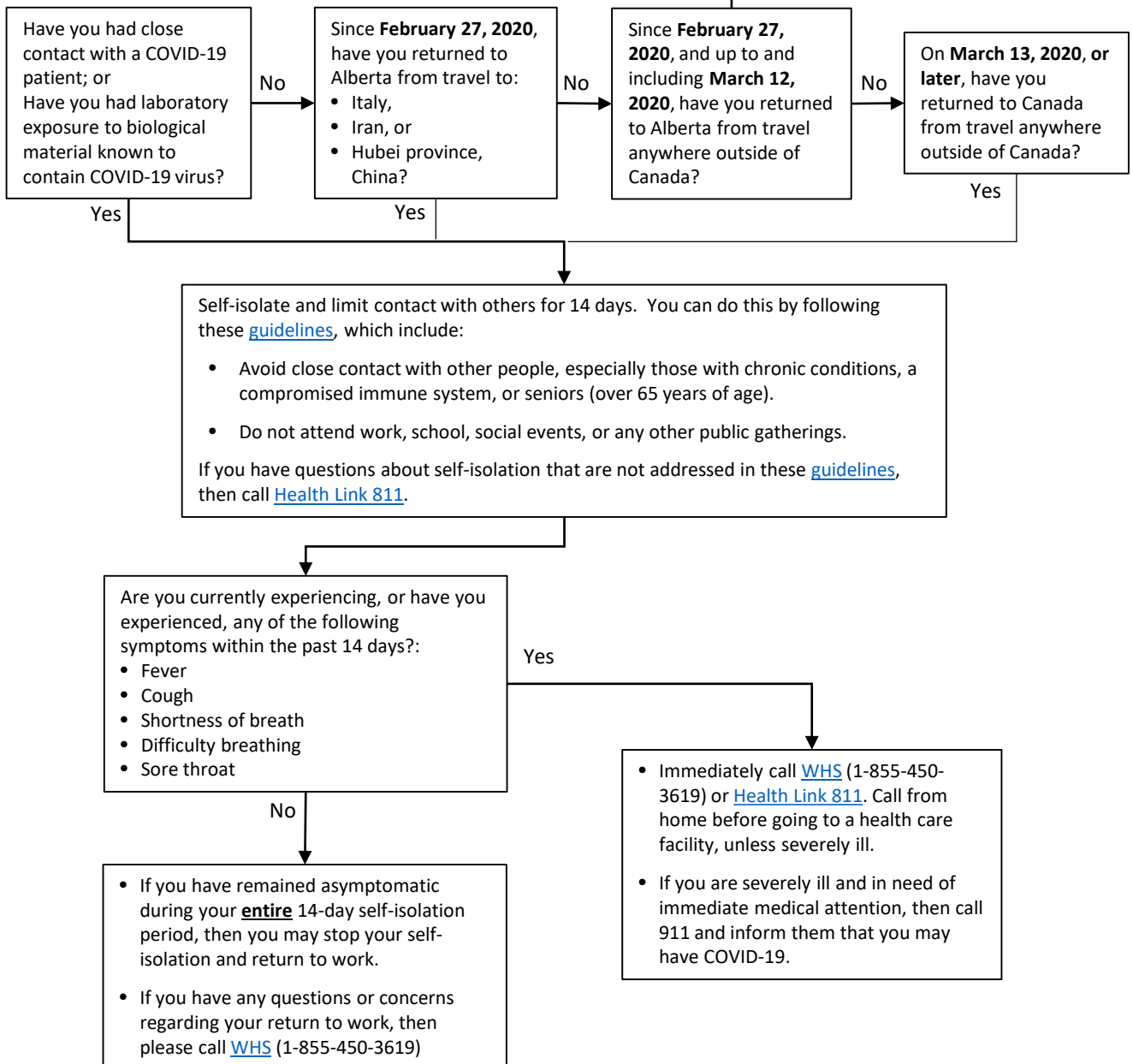
<sup>1</sup> **Close contact** is defined as:

- Provided care for the patient, including healthcare workers, family members, or other caregivers, or who had other similar close physical contact **without consistent and appropriate use of [personal protective equipment](#)**; **OR**
- Lived with or otherwise had close prolonged contact (within 2 metres) with the person while the person was infectious; **OR**
- Had direct contact with infectious bodily fluids of the person (e.g. was coughed or sneezed on) **while not wearing [recommended personal protective equipment](#)**

## COVID-19 Guidance for AHS Employees, Medical Staff, and Midwifery Staff – Travel and Symptoms

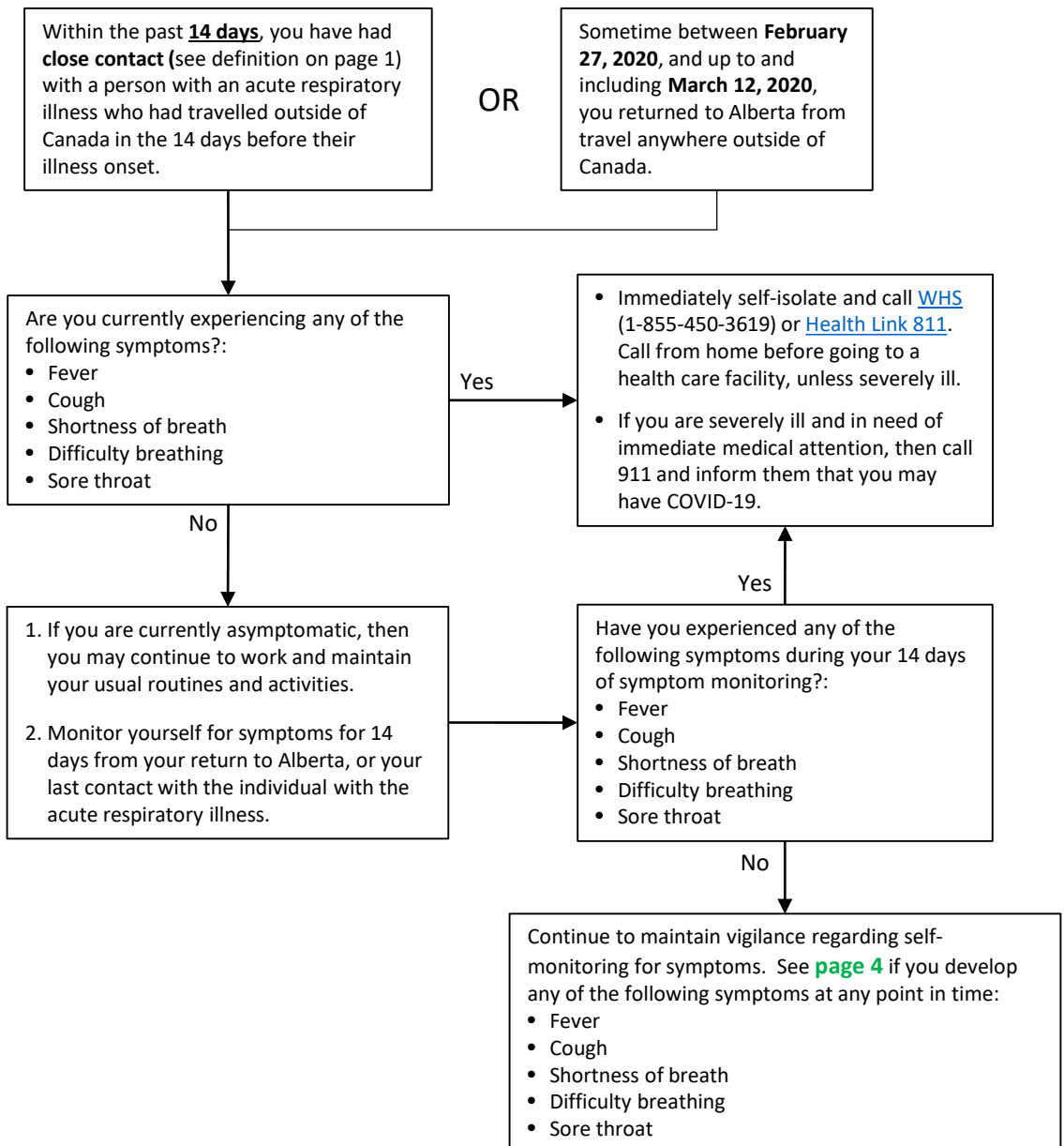
### Page 2 Instructions

See Page 3



## COVID-19 Guidance for AHS Employees, Medical Staff, and Midwifery Staff – Travel and Symptoms

### Page 3 Instructions



## COVID-19 Guidance for AHS Employees, Medical Staff, and Midwifery Staff – Travel and Symptoms

### Page 4 Instructions

You are **currently** experiencing any of the following symptoms:

- Fever
- Cough
- Shortness of breath
- Difficulty breathing
- Sore throat



- Immediately self-isolate and call [WHS](#) (1-855-450-3619) or [Health Link 811](#) at the first sign of symptoms. Call from home before going to a health care facility, unless severely ill.
- If you are severely ill and in need of immediate medical attention, then call 911 and inform them that you may have COVID-19.