



#### Disclosure Statement

#### Current grant funding:









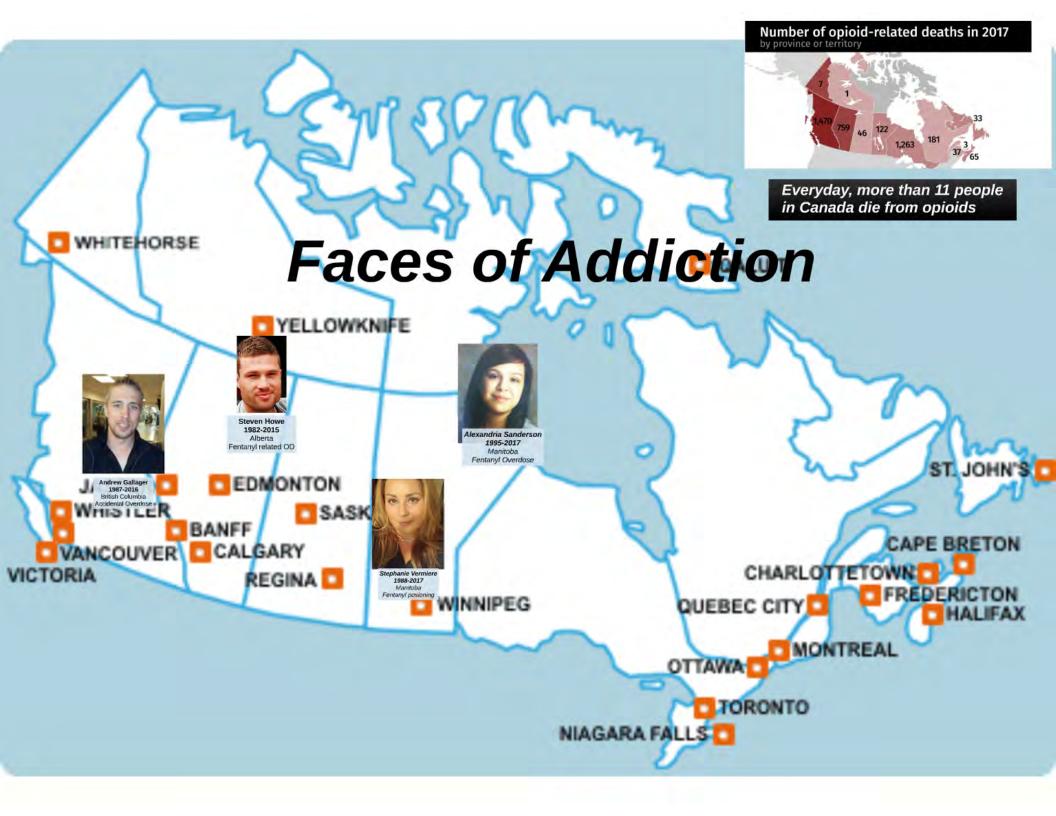


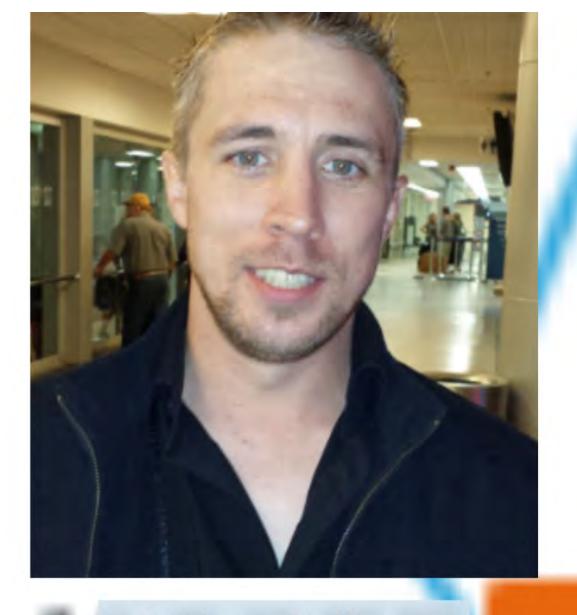
Provided funding for filming & production of videos displayed on our interactive web portal



The 24/7/365-day Option

To Fight the Opioid Crisis

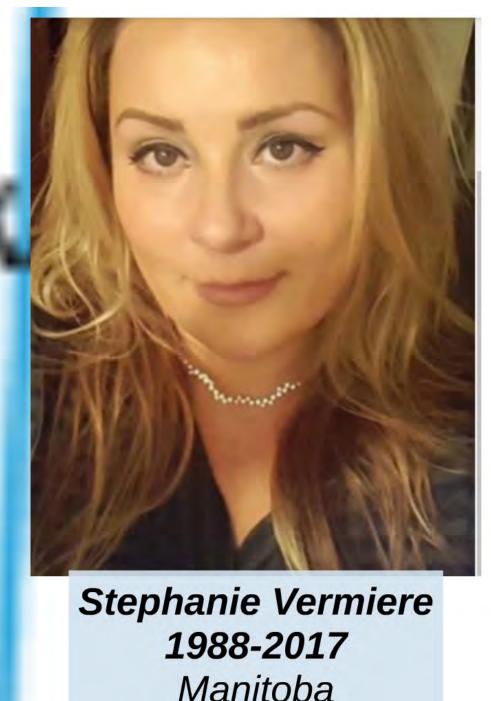




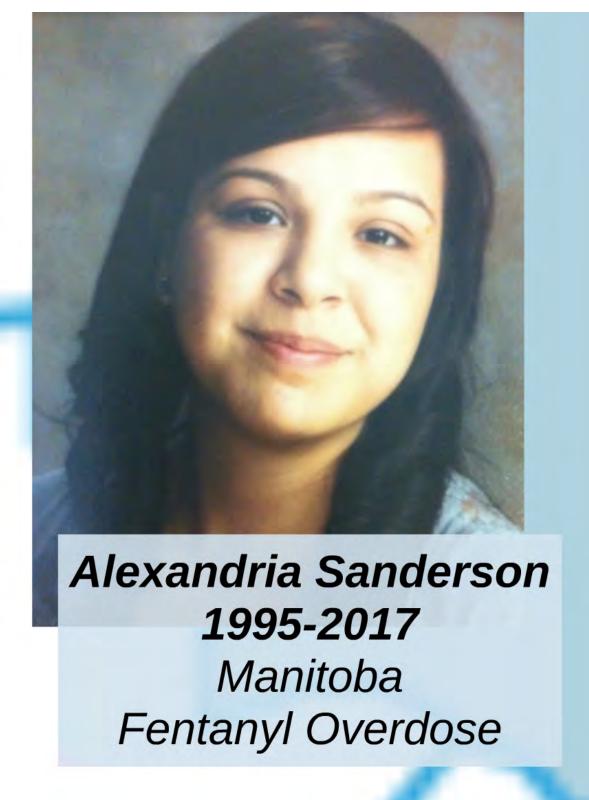
Andrew Gallager
1987-2016
British Columbia
Accidental Overdose



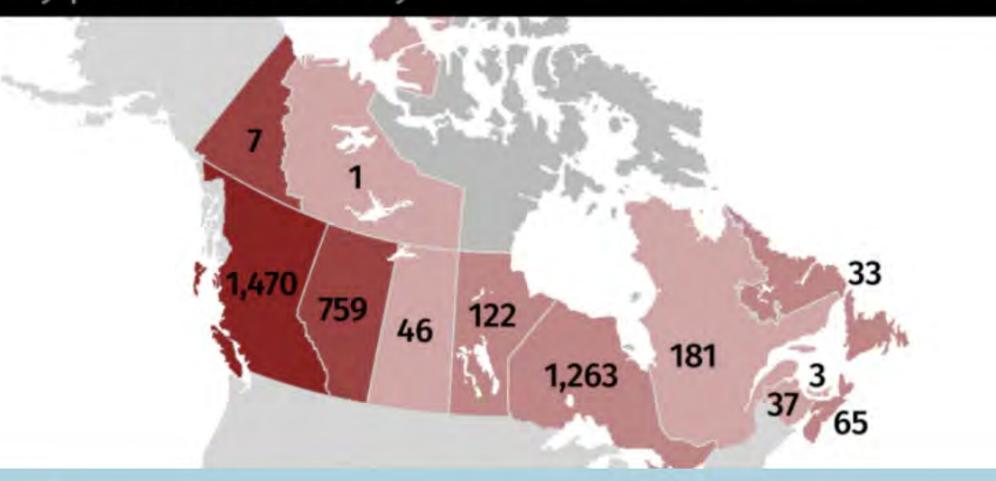
Steven Howe 1982-2015 Alberta Fentanyl related OD



Manitoba Fentanyl posioning



## Number of opioid-related deaths in 2017 by province or territory

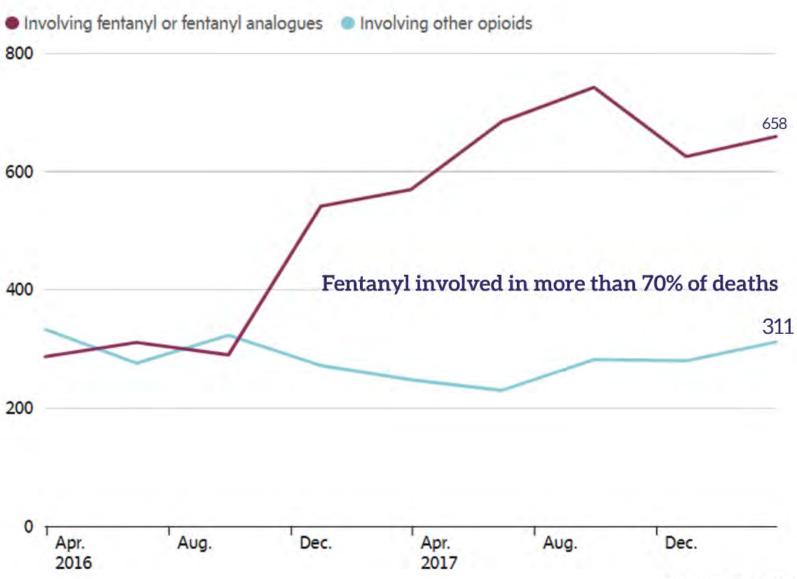


Everyday, more than 11 people in Canada die from opioids

#### 8,000 opioid-related deaths (1/2016-3/2018)

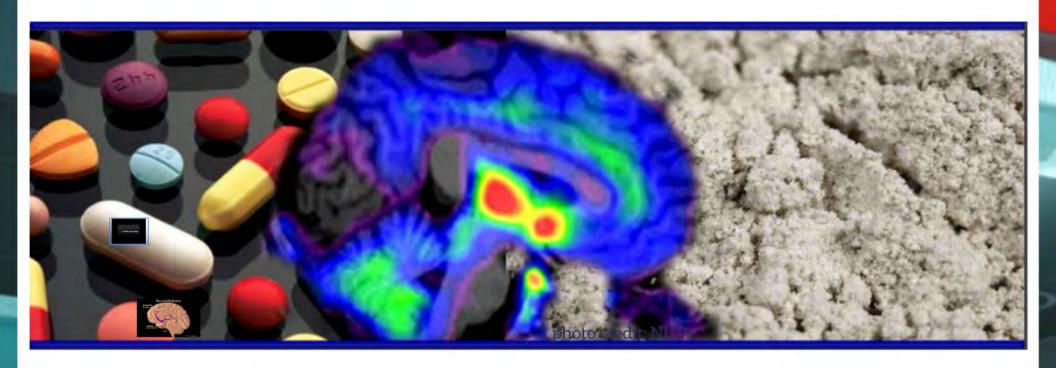
Special Advisory Committee on the Epidemic of Opioid Overdoses. National report: Apparent opioid-related deaths in Canada (January 2016 to March 2018) Web-based Report. Ottawa: Public Health Agency of Canada; September 2018.

#### **Number of Opioid-Related Deaths**

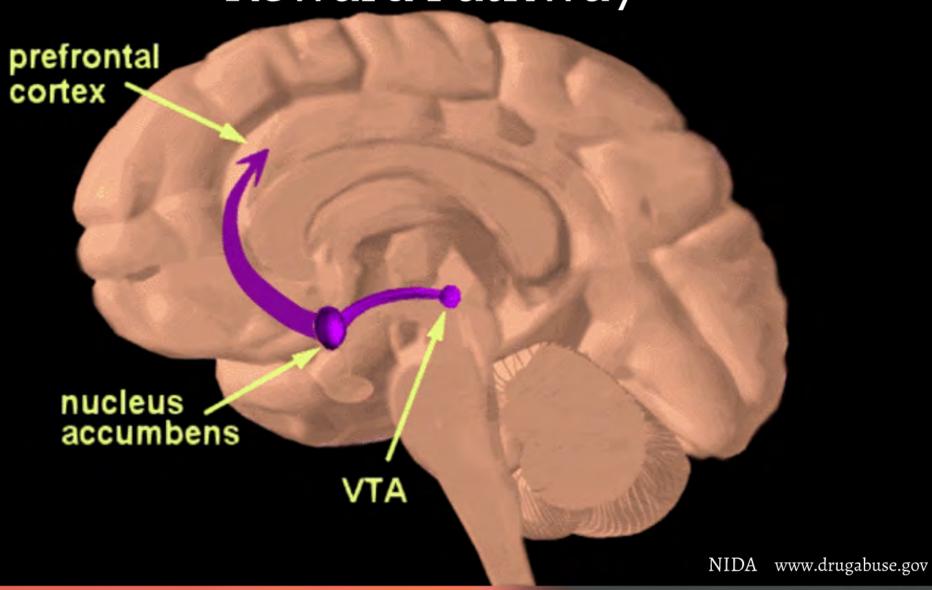


Source: Public Health Agency of Canada

### The Science of Addiction

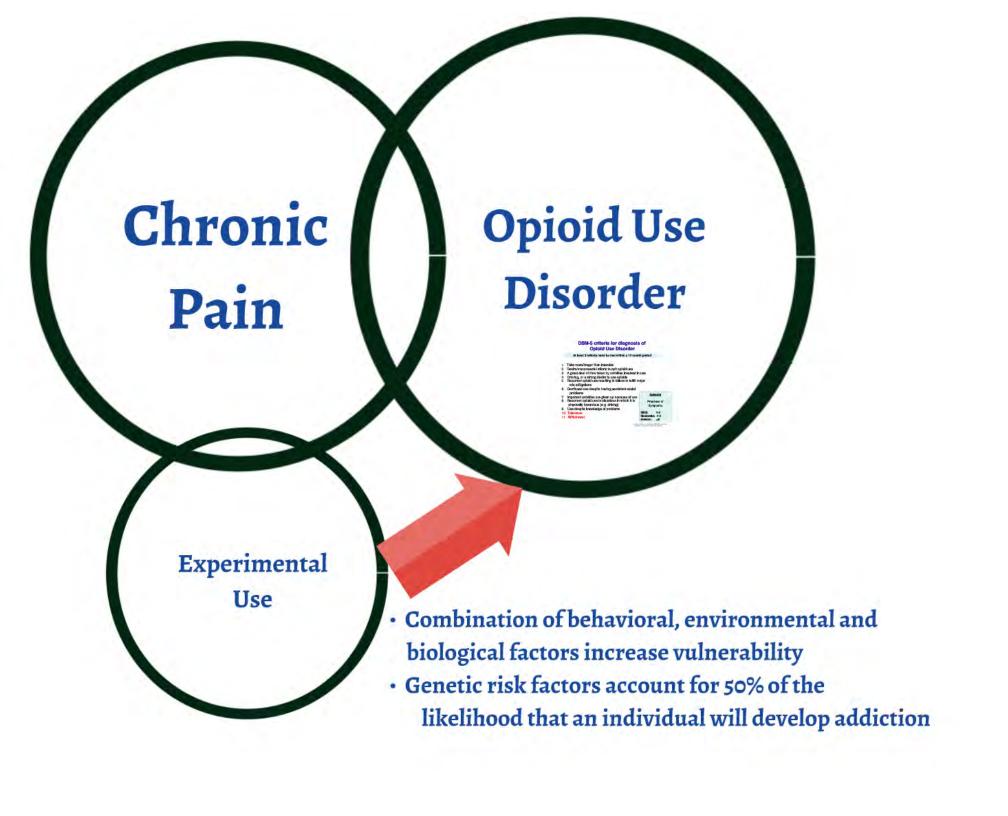






It is NOT a moral failing

terminit a specified p addiction. 1. T substance, es narcotic dr emotional



#### DSM-5 criteria for diagnosis of Opioid Use Disorder

#### At least 2 criteria must be met within a 12 month period

- Take more/longer than intended
- 2. Desire/unsuccessful efforts to quit opioid use
- 3. A great deal of time taken by activities involved in use
- 4. Craving, or a strong desire to use opioids.
- Recurrent opioid use resulting in failure to fulfill major role obligations
- Continued use despite having persistent social problems
- 7. Important activities are given up because of use.
- Recurrent opioid use in situations in which it is physically hazardous (e.g. driving)
- Use despite knowledge of problems
- 10. Tolerance
- 11. Withdrawal

#### Severity

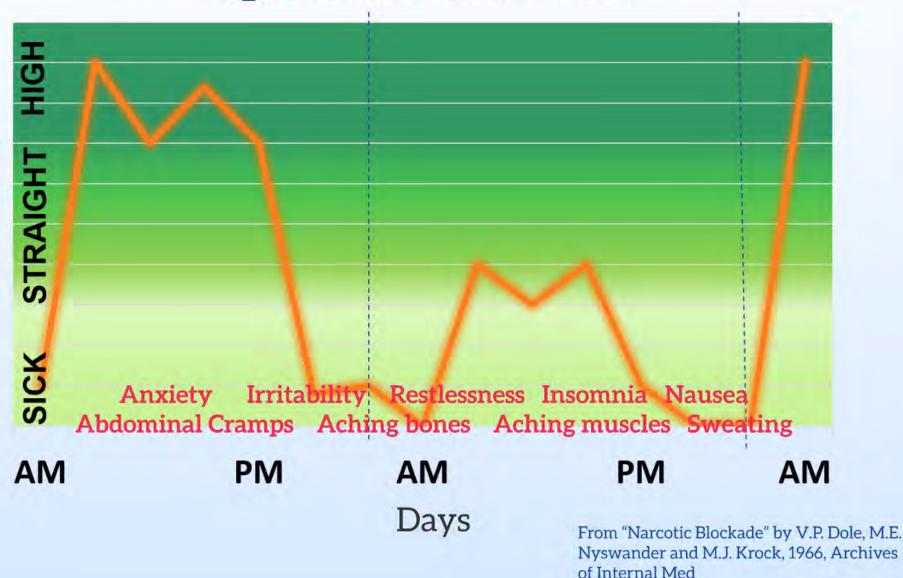
Presence of Symptoms

Mild: 2-3

Moderate: 4-5

Severe: >6

## What does it feel like to have opioid use disorder?



# Effective Treatments for Opioid Use Disorders

Medication for Addiction Treatment (MAT) What is NOT considered evidence based treatment?

Detoxification only

Abstinence-oriented therapy

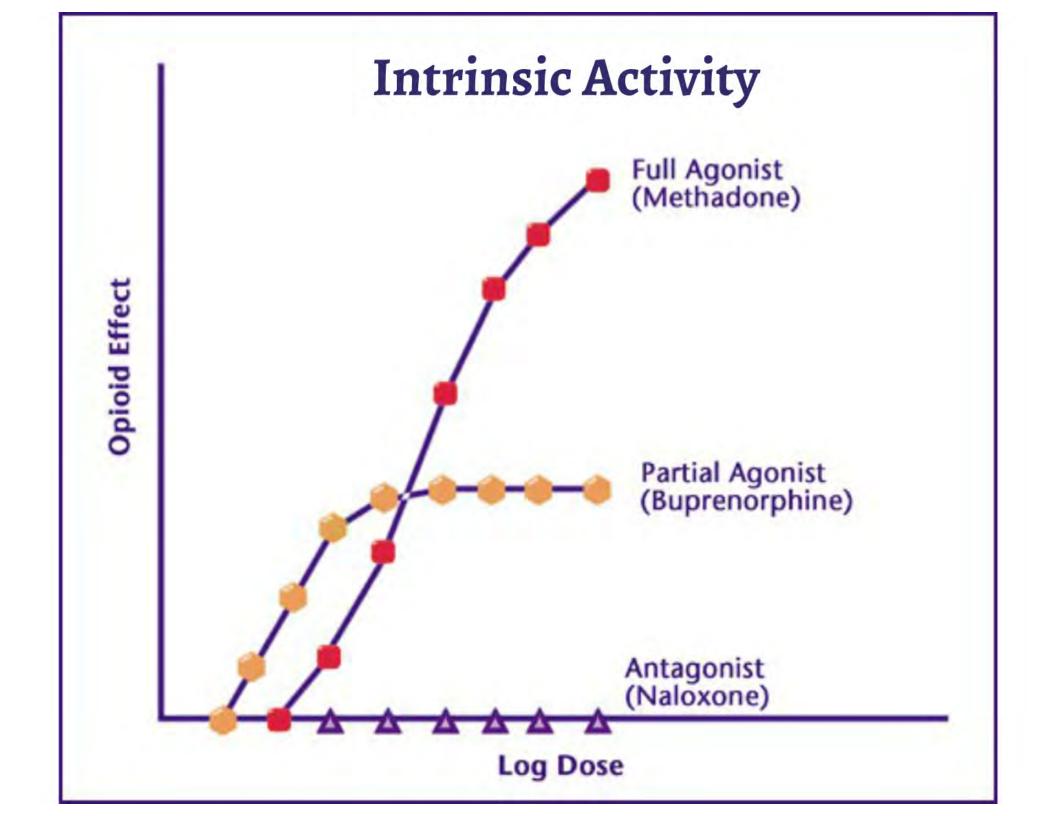
Mutual support programs

Naloxone (Narcan)

Medication for Addiction Treatment

### Options for ED providers:





#### Buprenorphine

- · Semisynthetic, highly lipophilic thebaine derivative
- · 25 to 50 times more potent than morphine
- Partial μ-agonist
- · Often combined with

naloxone

Braeburn Pharmaceuticals And Camurus Announce Positive Top-Line Phase 3 Results For Long-Acting Buprenorphine For Treatment Of Opioid Addiction







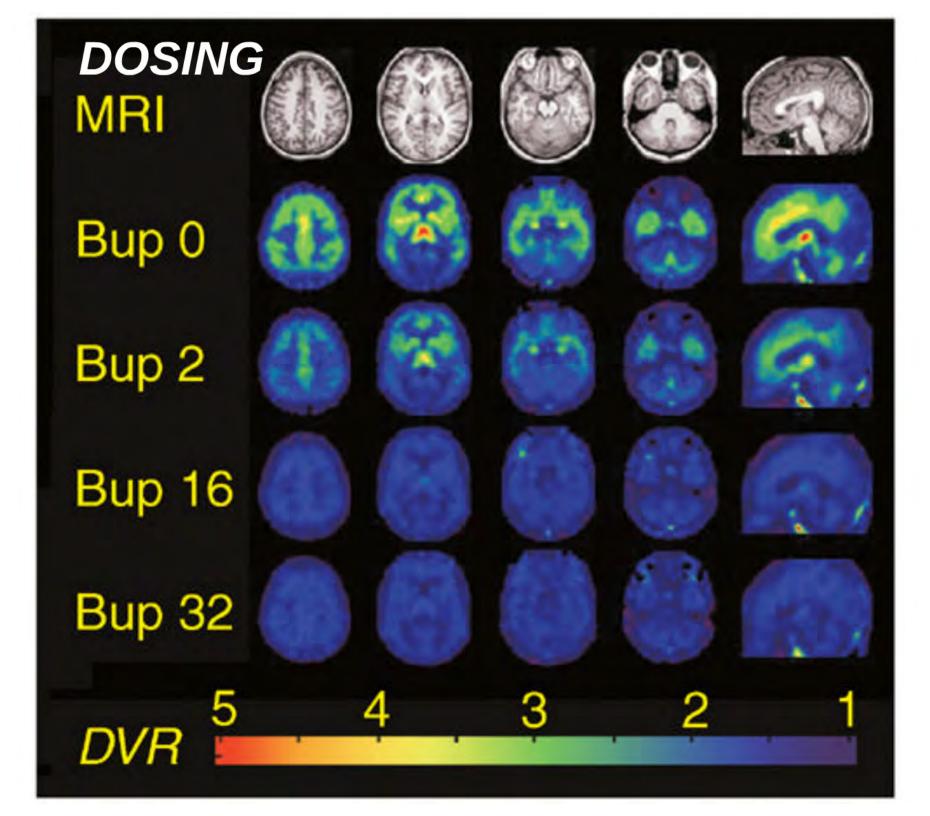
#### **Formulations**



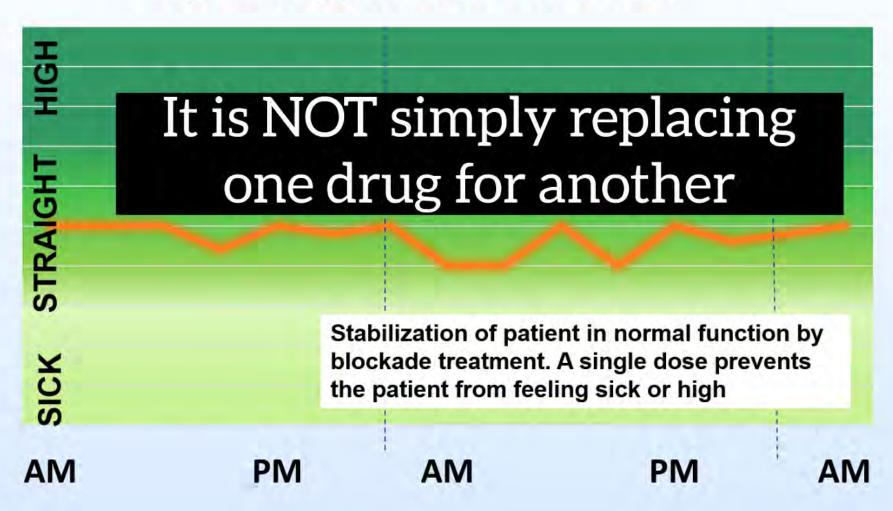








## What does it feel like when taking opioid agonist treatment?



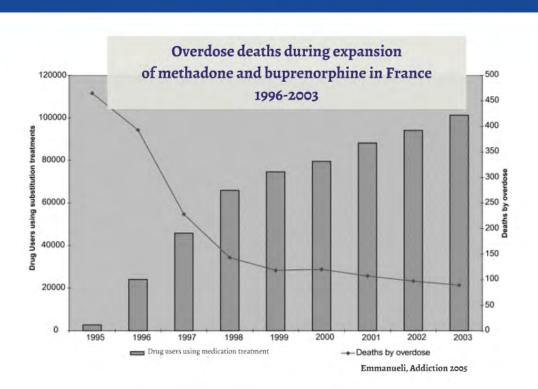


- Reduction in/illicit substance use
- Less viral hepatitis, HIV, & IV drug use complications
- Reduction in risk of opioid overdose and death
- Reduction in risky behaviors
- Reduced risk of legal consequences
- More time available to
  - -Have sustainable relationships
  - -Find gainful employment
  - -Deal with other medical problems



### **Evidence**

#### RESEARCH



Heroin OD deaths during expansion of methadone & buprenorphine in Baltimore 1995-2009

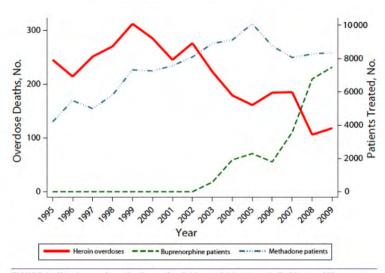


FIGURE 1—Heroin overdose deaths and opioid agonist treatment: Baltimore, MD, 1995–2009.

Schwartz, AJPH, 2013

#### RESEARCH



**Cochrane** Database of Systematic Reviews

#### Methadone and Buprenorphine are equally effective



Opioid use

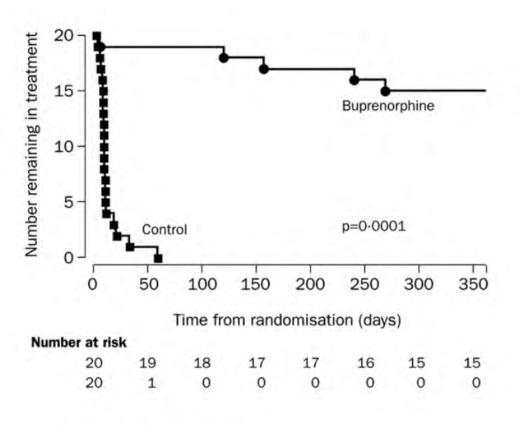


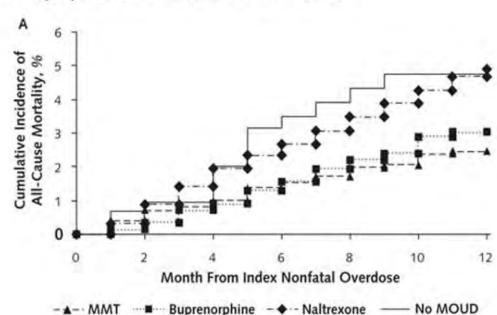
Retention in treatment

(at adequate dosing)

"Present evidence suggests that adding psychosocial support does not change the effectiveness of retention in treatment and opioid use during treatment."

### Medication for Opioid Use Disorder

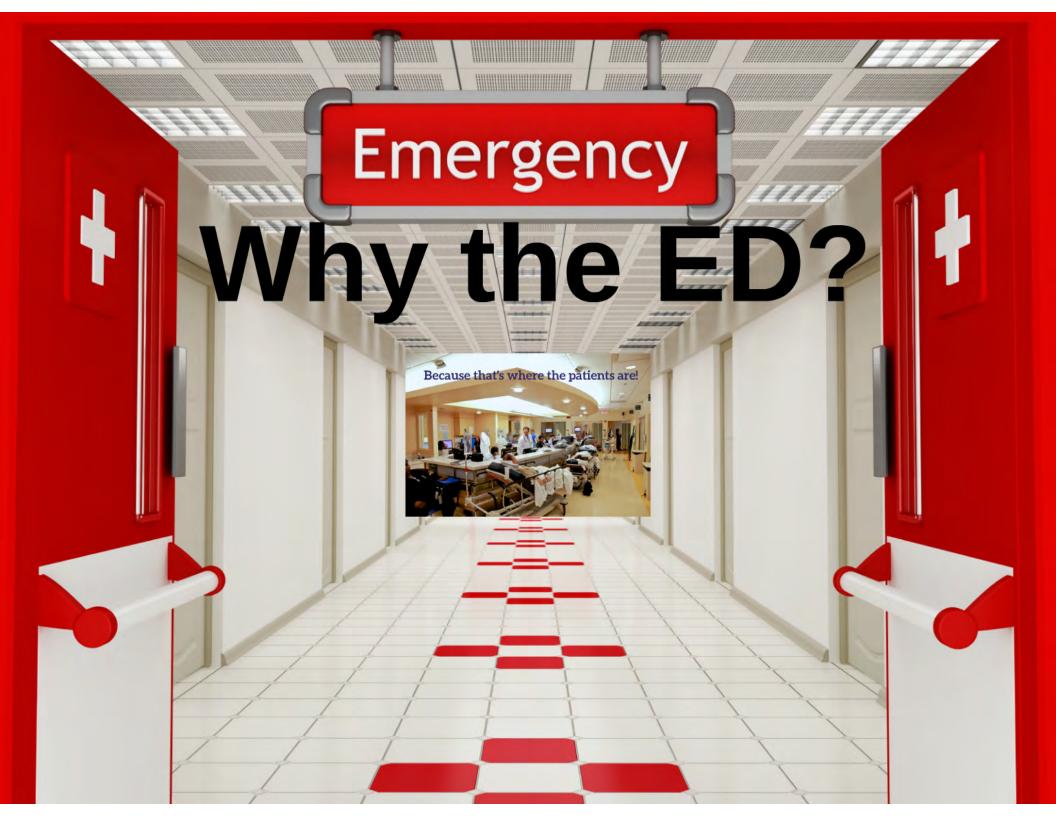


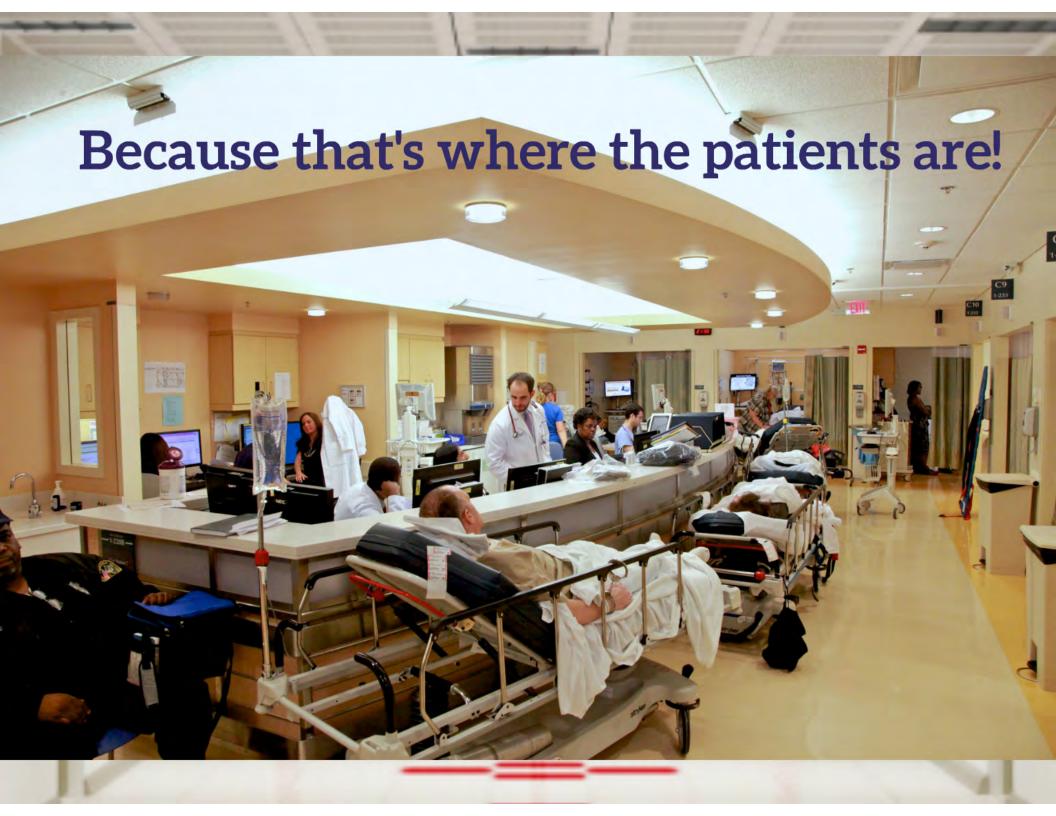


Primary Exposure Classification: With Discontinuation\*

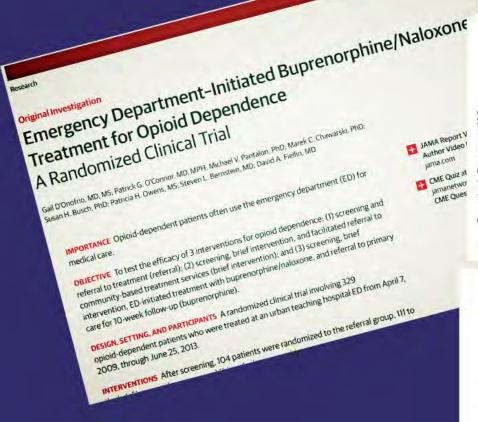
Kakko. Lancet 2003

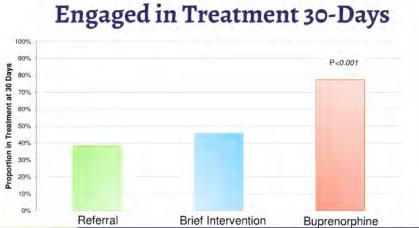
Larochelle et al., Annals of IM 2018

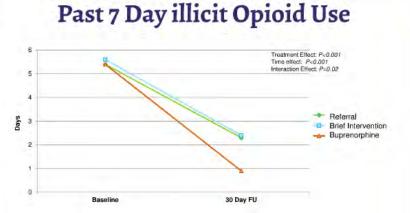




## A Randomized Trial of ED-Initiated Interventions for Opioid Dependence

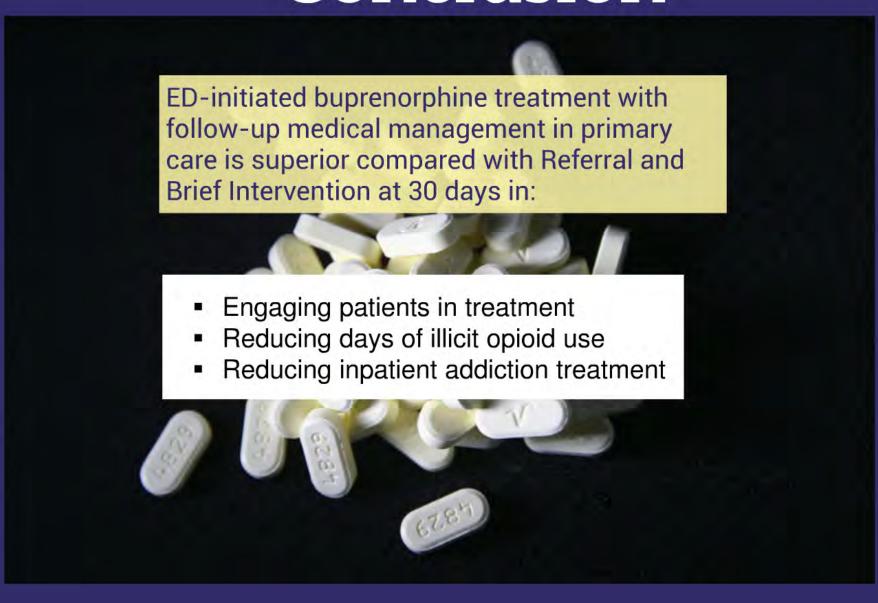






JAMA, 2015

## Conclusion



Cost-effectiveness of emergency department-initiated Susan H. Busch', David A. Fiellin 12, Marek C. Chawarshi 3, Patricia H. Owens 1, Michael V. Panty Brik.

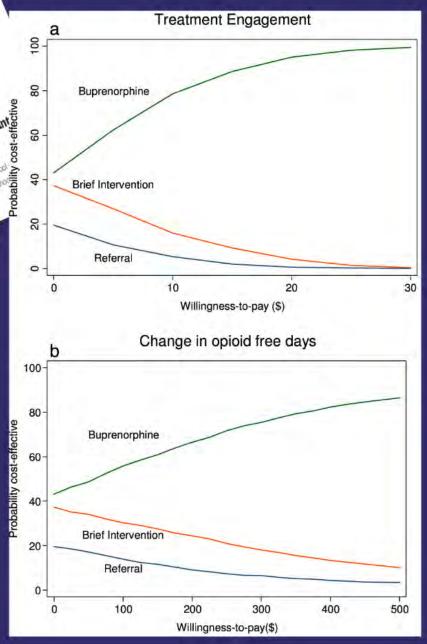
Susan H. Busch', David A. Fiellin 12, Marek C. Chawarshi 3, Patricia H. Owens 1, Michael V. Panty Brik.

Susan H. Busch', David A. Fiellin 12, Marek C. Chawarshi 7, Patrick G. O'Connor 2, & Gail D'Onofrio

Rathryn Hawk 5, Steven L. Bernstein 5, Patrick G. O'Connor 7, U.S. Department of the part of the patricial of the patric ADDICTION treatment for opioid dependence RESEARCH REPORT

#### Cost-effective acceptability curve: base case analysis.

- (a) Willingness-to-pay for a 1 percentage point increase in the probability a patient is engaged in treatment 30-days post-enrollment.
- (b) Willingness-to-pay for 1 additional opioid-free day in the past 7-days



Addiction, 2017

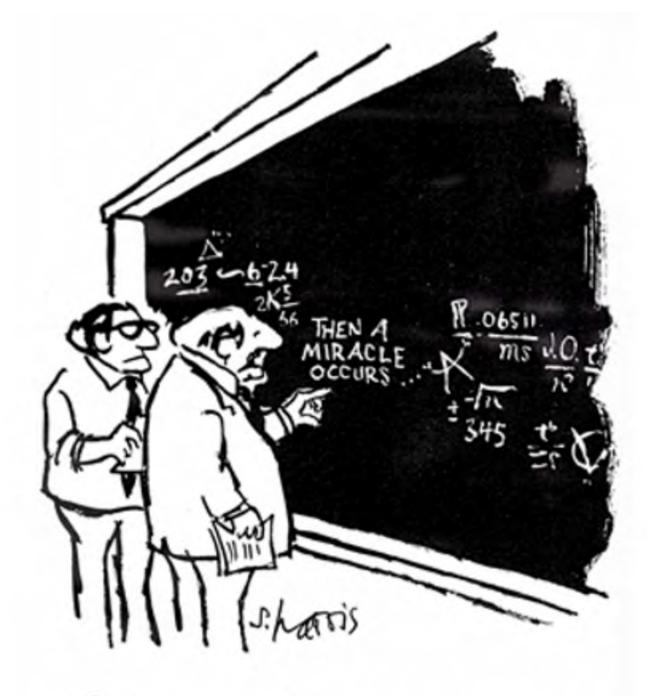
#### **Overdose**

22 year old female presents to ED in private vehicle driven by friends. On arrival patient pulled out of vehicle by ED staff, unresponsive with O<sub>2</sub> Sat of 53%. Patient responded well to IV naloxone. Just 2 weeks before, she switched from prescription drugs to IV heroin.



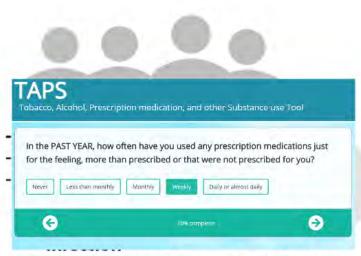
Why is this different than any other acute emergency??



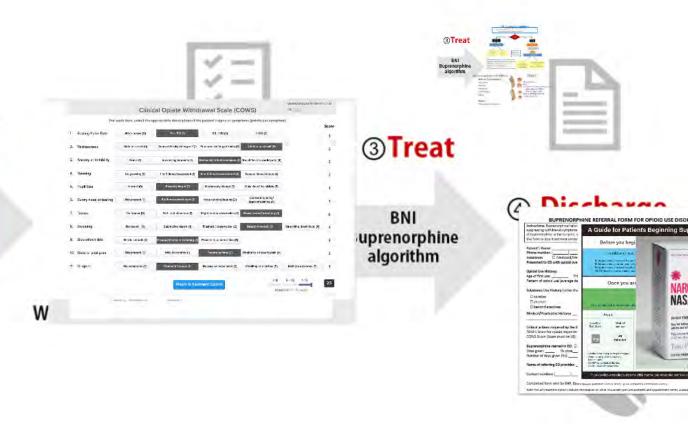


"I THINK YOU SHOULD BE MORE EXPLICIT HERE IN STEP TWO,"

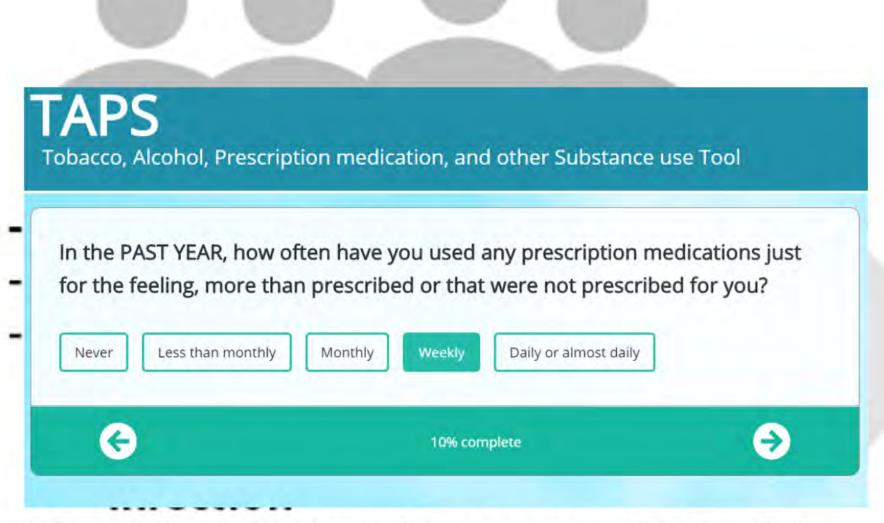
#### **Buprenorphine Integration Pathway**



-Identified during the course of the visit



How do you motivate patients to accept



-Identified during the course of the visit

#### Clinical Opiate Withdrawal Scale (COWS)

For each item, select the appropriate description of the patient's signs or symptoms (points per symptom)

Resting Pulse Rate	80 or below (0)	81 - 100 (t)	101 - 120 (2)	> 120 (4)		
	7 1 7 7 7 7					
Restlessness	Able to sit still (0)	Some difficulty sitting still (1)	Frequent shifting of limbs (3)	Unable to sit still (5)		
Anxiety or irritability	None (0)	Increasing amounts (1)	Obviously irritable/anxious (2)	Too difficult to participate (4)		
Yawning.	No yawning (0)	1 or 2 times/asessment (I)	3 or 4 times/assessment (2)	Several times/minute (4)		
Pupil Size	Normal (0)	Possibly larger (1)	Moderately dilated (2)	Only rim of iris visible (5)		
Runny nose or tearing	Not present (0)	Stuffiness/moist eyes (1)	Nose running/tearing (2)	Constant running/ tears streaming (4)		
Tremor	No tremor (0)	Felt - not observed (1)	Slight tremor observable (2)	Gross tremor/twitching (4)		
Sweating	No report (0)	Subjective report (1)	Flushed / observable (2)	Beads of sweat (3)	Streaming down face (4)	
Gooseflesh skin	Skin is smooth (0)	Piloerection/hairs standing (3)	Prominent piloerrection (5)			
Bone or joint pain	Not present (0)	Mild discomfort (1)	Severe aching (2)	Unable to sit due to pain (4)		
GI upset	No symptoms (0)	Stomach cramps (1)	Nausea or loose stool (2)	Vomiting or diarrhea (5)	Multiple episodes (5)	
		Patium to tree	ntment options	< 8	8 - 13 > 13	ı
		notall to a di	initiality options		erate-to-Severe	

mental mounted

measure had

# How do you motivate patients to accept treatment?

#### **Brief Negotiation Interview**

#### **Raise The Subject**

- Establish rapport
- Raise the subject of drug use
- Assess comfort

#### Provide Feedback

- Review patient's alcohol and/or drug use and patterns
- Make connection between AOD use and negative consequences; (e.g. impaired judgment leading to injury/unprotected sex/sharing needles)
- Make a connection between AOD use and ED visit

#### **Enhance Motivation**

Assess readiness to change: One a scale 1 to 10 how ready are you to stop using, cut back or enroll in program??? (Why didn't you pick a lower number?)



#### **Enhance Motivation**

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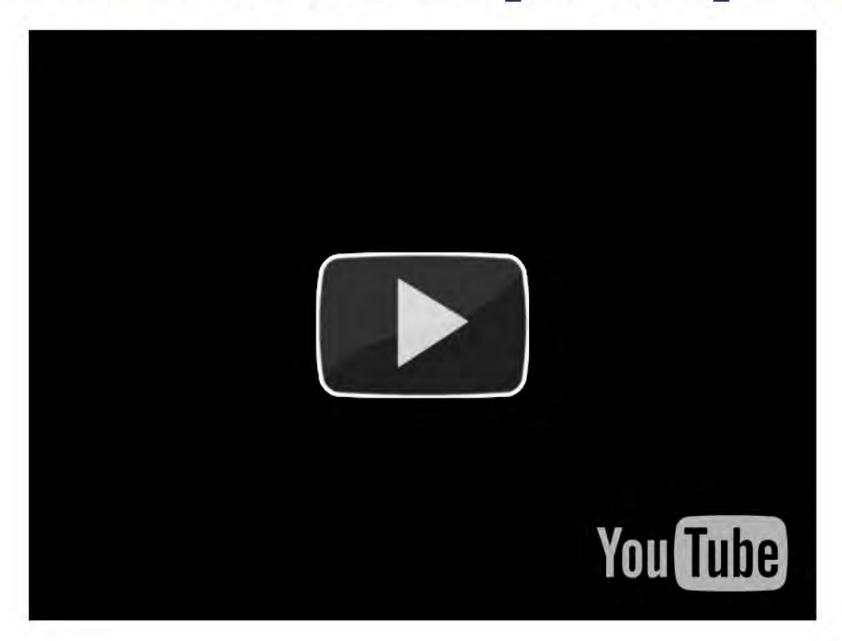


#### Negotiate

- Negotiate goal
- Give advice
- Summarize and complete referral/prescription form
- Thank patient for their time

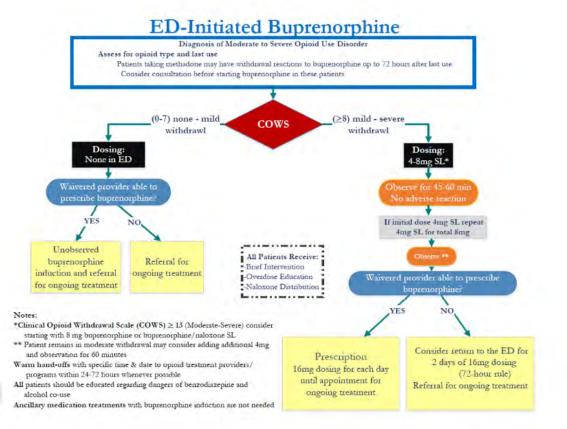
D'Onofrio G, Pantalon MV, Degutis LC, Fiellin DA, O'Connor PG. Development and implementation of an emergency practitioner-performed brief intervention for hazardous and harmful drinkers in the emergency department. Acad Emerg Med 2005;12:249-256.

## ED-Initiated Buprenorphine



## **3Treat**

### BNI Buprenorphine algorithm



Buprenorphine side effects

Mild, early, often resolve

Headache

Nausea

Sweating

Constipation

Libido

#### Severe

Precipitated withdrawal



Most patients
Day 1

Day 1
1st dose = 4-8 mg buprenorph

depending on COWS (Max 12 mg 1st day)

(Max 12 mg 1st day)

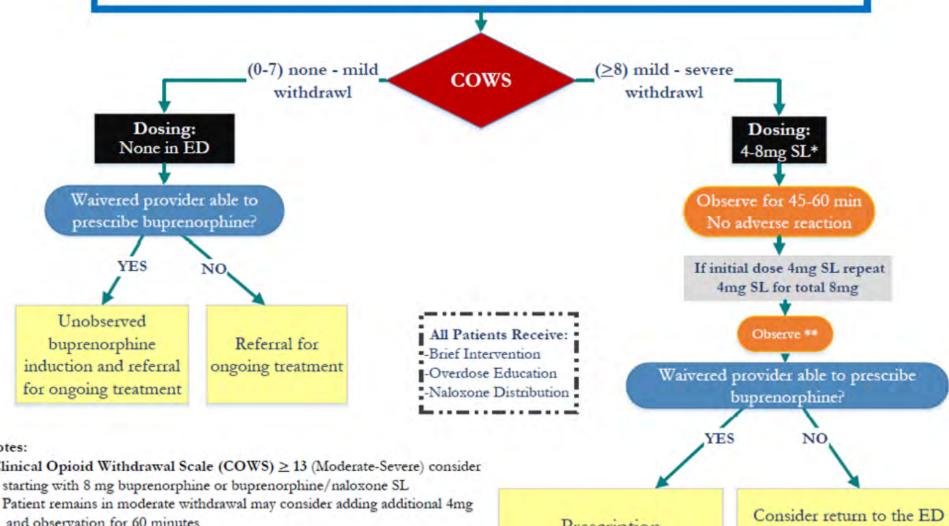
Days 2 through referral 16 mg, once a day



#### **ED-Initiated Buprenorphine**

Diagnosis of Moderate to Severe Opioid Use Disorder Assess for opioid type and last use

Patients taking methadone may have withdrawal reactions to buprenorphine up to 72 hours after last use Consider consultation before starting buprenorphine in these patients



Notes:

\*Clinical Opioid Withdrawal Scale (COWS) ≥ 13 (Moderate-Severe) consider

\*\* Patient remains in moderate withdrawal may consider adding additional 4mg and observation for 60 minutes

Warm hand-offs with specific time & date to opioid treatment providers/ programs within 24-72 hours whenever possible

All patients should be educated regarding dangers of benzodiazepine and alcohol co-use

Ancillary medication treatments with buprenorphine induction are not needed

Prescription 16mg dosing for each day until appointment for ongoing treatment

Consider return to the ED for 2 days of 16mg dosing (72-hour rule) Referral for ongoing treatment

## Buprenorphine side effects

Mild, early, often resolve

Headache

Nausea

Sweating

Constipation

Libido

#### Severe

Precipitated withdrawal



## Dose?



Most patients

1st dose = 4-8 mg buprenorphine depending on COWS

(Max 12 mg 1st day)

Days 2 through referral

16 mg, once a day

### ---

#### BUPRENORPHINE REFERRAL FORM FOR OPIOID USE DISORDER

Instructions: Buprenorphine/nalox suppressing withdrawal symptoms. of buprenorphine in the hospital, a this form to local treatment center.

Patient's Name:	
Phone number: ()	Г
Insurance:   Medicaid/Me	ı
Presented to ED with opioid over	
Opioid Use History:	ı
Age of first use: Pri	Н
Pattern of opioid use (average da	
Substance Use History (other tha	
□ cocaine	
□ alcohol	П
☐ benzodiazepines	
Medical/Psychiatric History:	
Critical actions required by the E	
DSM 5 Score for opioid depender	ı
COWS Score (Score must be ≥8):	
Buprenorphine started in ED:	ı
Dose given: Rx dose	ŀ
Number of days given (Rx):	
Name of referring ED provider: _	į

Contact number:

#### A Guide for Patients Beginning Buprenorphine Treatment at Home

#### Before you begi

#### It should be at least.

- · 12 hours since you used heroin/f
- · 12 hours since snorted pain pills
- · 16 hours since you swallowed pa
- · 48-72 hours since you used met

#### Once you are

Most people feel better the first day

#### Step 1.

Take the first dose

Wait 45 minutes



45 minutes

- · Put the tablet or strip under your tongue
- · Keep it there until fully dissolved (about 15 min.)
- . Do NOT eat or drink at this time
- · Do NOT swallow the medicine



If you develop worsening symptoms while starting buprenorphine before your scheduled outpatient appointment return to the emergency department

Completed form sent by EHR, faxed good of prease creek ones, guar request refer of sixes;

Note: For all treatment options include information on what insurance types are accepted and appointment times, availability or contact. Include

Safe Prescribing

Reducing the stigma

Harm Reduction

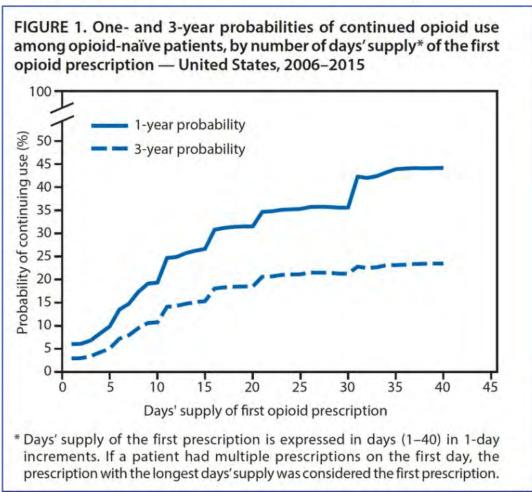
Reduce OD
Deaths

Advocacy

Access to MAT

## Characteristics of Initial Prescription Episodes and Likelihood of Long-Term Opioid Use — United States, 2006–2015

Safe Prescribing



## Reducing the stigma

#### VIEWPOINT

#### Michael P. Botticelli, MEd

White House Office of National Drug Control Policy, Washington, DC.

#### Howard K. Koh, MD, MPH

Harvard T.H. Chan School of Public Health, Boston, Massachusetts; and Harvard Kennedy School, Cambridge, Massachusetts.

#### Chai

#### Words m

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guage cal etal bias. illness we "insane as deficiency related in dominat apply to confitness when pat acteristic

#### **Words Matter**

Words are powerful... They can contribute to stigma and create barriers to accessing effective treatment

Use person-first language; focus on the person, not the disorder

When Discussing Opioid or Other Substance Use Disorders...

#### **Avoid These Terms:**

Addict, user, drug abuser, junkie

Addicted baby

Opioid abuse or opioid dependence

Problem

Habit

Clean or dirty urine test

Opioid substitution or replacement therapy

Relapse

Treatment failure

Being clean

#### **Use These Instead:**

Person with opioid use disorder or person with opioid addiction, patient

Baby born with neonatal abstinence syndrome

Opioid use disorder

Disease

**Drug addiction** 

Negative or positive urine drug test

Opioid agonist treatment

Return to use

Treatment attempt

Being in remission or recovery



## EM LEADERS ACROSS CANADA



Frank Scheuermeyer MD, M.HSc British Columbia



Jim Christenson MD British Columbia



Asha Olmstead, MD Edmonton

Josh Fanaeian, MD Edmonton

Jan Deol, MD Edmonton

Kathryn Dong, MD Edmonton

Marshall Ross, MD

Calgary



Monty Gosh, MD Calgary



Rob Tanguay, MD Calgary



Michelle Klaiman, MD Ontario

Aaron Orkin, MD Ontario



Embrace science based treatments

Engage other emergency physicians

Change the trajectory of the opioid epidemic



## Need help with pain pills or heroin?

We want to help you get off opioids and started on Suboxone (Buprenorphine).

Ask here for more information.

## WHITEHORSE Faces of Addiction YELLOWKNIFE



Andrew Gallager 1987-2016 British Columbia







Steven Howe 1982-2015 Alberta Fentanyl related OD









Alexandria Sanderson 1995-2017 Manitoba Fentanyl Overdose



Stephanie Vermien 1988-2017 Fentanyi posioning





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