Emergency Medicine EM Electives

Detailed profiles on Emergency Medicine electives available at large centers in Canada.

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Emergency Medicine Website
http://www.emergency.med.ubc.ca/Home.htm
Elective Website
http://mdprogram.med.ubc.ca/visiting-student-elective-program/

Information
Position Quota (2013)
10 spots available - 6 in Vancouver, 2 in Fraser Region, and 2 in Victoria

Elective Application
Online

Elective application timeline
May apply 9 months prior to elective start date

Minimum Elective Duration
2-4 weeks

Academic Day
Full Day Wednesday

About the program

Starting July 2013, the UBC residency program will become a distributed residency program, with residents being based out of Victoria, Fraser, as well as the previously established Vancouver site. We anticipate having academic day videoconferenced, with on-site staff support. Candidates may apply to all sites separately, selecting whichever locations appeal to them. Current residents do rotations at the future distributed sites already, and we anticipate this will continue. There are no mandatory rural rotations, however, beginning in July 2012, residents will be required to do a minimum of 2-3 mandatory rotations outside Vancouver/Lower Mainland during the course of their residency. As we transition from a single program to a distributed model, rotations in the new sites will be possible for residents based in other sites.

The rotations and academic program train the residents in all aspects of emergency care. Clinical exposure to the entire spectrum of disease processes is achieved via rotations at several hospitals each with its own focus - Vancouver General and St. Paul's Hospitals, mainly urban and tertiary/quaternary care, BC Children's for Pediatrics, Royal Columbian for a community based experience. The teaching faculty also possesses a variety of subspecialty areas of expertise (e.g. Toxicology, Research, and Epidemiology). The Vancouver training program is based at Vancouver General Hospi
tal, the Fraser Region training program is based out of The Royal Columbian, and the Victoria training program is based out of the Victoria General Hospital. BC Children's Hospital and St. Paul's Hospital also participate as training sites. With the increased number of UBC residency positions across all specialties, some residents have had to do some rotations outside of Vancouver - for example, CCU in Victoria. Residents do Adult EM rotations at St Pauls in their PGY3 or 4 year, and rotations at RCH in all of their PGY1 thru 5 years. Pediatric EM is done in all of their PGY1 thru 5 years. Residents are able to do electives in a variety of disciplines. Electives in the past have included ophthalmology, radiology, hyperbaric medicine, community emergency medicine in Kelowna, B.C., and trauma in the USA and South Africa. These rotations provide the resident an opportunity to observe the functioning of a sophisticated trauma system in a large American city that has high volume of penetrating and blunt trauma, or in South Africa which has its own unique challenges. There is a newly developed Trauma Team Leader rotation at the Royal Columbian hospital to supplement the trauma experience. It is staffed by Emergency physicians and Trauma surgeons.

Toxicology is a core rotation offered in Vancouver; however, some residents elect to complete this rotation at the New York City Poison Centre. Recent residents have completed additional training, including some Masters and Fellowships in the following areas of subspecialty interest: EHS, Clinical Epidemiology, Public Health, ICU, Medical Education, Sports Medicine, Hyperbaric Medicine and Wilderness Medicine.

**Electives**

Electives are offered at many of our teaching sites throughout the year. Choosing fourth year elective affords students an unparalleled opportunity to apply all they have learned in medical school to the diagnosis and treatment of a wide variety of patients with undifferentiated clinical conditions. Students have a great opportunity to hone their clinical skills, diagnostic and therapeutic reasoning, and procedural skills across virtually all medical disciplines with one-on-one supervision by a faculty member. Due to the steep orientation curve and demanding ED environment, many departments offer only 4 week electives, however some sites are willing to also provide a 2 week elective opportunity. All students (including those from UBC) must go through the UBC Visiting Student Electives website for approval. See the UBC EM website for an up-to-date Year 4 elective schedule and specific site contact information.

Students are permitted to complete a maximum of 8 weeks of electives in BC per academic year, as per the CPSBC. The academic year, as defined by the CPSBC runs from Aug 25 – Aug 24. (i.e. 4, two week electives or 2, four weeks; 1 four, 2 two weeks). Note that 10 applications can be submitted per year.

**Fees**

Canadian Medical School Fees are $100 per application. All residents are required to complete two research projects during the course of their residency. There is considerable flexibility in the types of projects undertaken. In general, residents are expected to complete one case report and review of the literature, and one piece of original clinical research.
Question/Answer with Medical Students who completed an elective at UBC

Hospital
Med Student 1: I did my elective at Vancouver General Hospital
Med Student 2: VGH

How long are electives (2 weeks, 3 weeks, or 4 weeks)?
4 weeks only

How many shifts do medical students get on elective?
16 or 17 shifts in 4 weeks

How long are shifts?
Scheduled for 10 hours, stop taking patients after 8. Staff tried very hard to get learners out as soon as they could

Description of ED structure (urgent care, minor area, observational area, resus, etc)
Med Student 1: Shifts are either Acute or Treatment side. Acute includes resus bays, all monitored beds and the EMS hallway. Treatment is VERY busy!
Med Student 2: A 3 bed trauma bay. Acute care is divided into sides A and B. Side A generally takes CTAS 1-3, and side B CTAS3-4 and also contains two psych isolation rooms. The treatment side contains two optho, two gyne, and one ENT room and sees mostly CTAS 4-5 patients and most of the MSK related injuries.

Is there is a trauma center?
Med Student 1: Vancouver General Hospital, Royal Columbian Hospital
Med Student 2: There is a 3 bed trauma bay with overhead X-ray and CT across the hall as well as a dedicated EM radiology department.

How is trauma set up? Who runs it? (trauma team vs ED Doc on staff)
Med Student 1: Trauma team in house – staff general surgeon but ED doc often runs it.
Med Student 2: There is a trauma team that takes over the care fairly quickly into the resuscitation.

Who do you work with? (Residents, Staff, CCFP-EMS, FRCP staff)
Med Student 1: 1:1 staff/learner ratio, at Vancouver General only FRCP docs.
Med Student 2: Most shifts are structured 1 on 1 with an FRCP EM doctor. There are usually other residents and students in the department but scheduling is set up such that you generally work in different areas than the other learners.

Are you given staff schedules before arriving?
Med Student 1: No. Given a learner schedule, had to look up staff once at the hospital.
Med Student 2: No, however you can check the staff schedule binder which is located next to the unit clerk on the acute-A side on your first shift to find out who you will be working with for the remainder of the rotation.
How do you get scrubs?
Nurses ER lounge

Is there student parking? How much does it cost?
Med Student 1: Not sure. Probably a lot! I used public transport as I didn’t have a car.
Med Student 2: No. There is staff parking but it’s $8.50 a day.

Academic Half day description (What days are they? What is the structure? Should you be expected to go to SIM?)
Med Student 1: Academic Full Day on Wednesdays (Can’t comment as I was there in summer and things were dialed down). Students were welcome.
Med Student 2: Academic half days are usually run on the second floor of the Diamond Centre which is located right across from the hospital. I would suggest contacting the program administrator who sends out the schedule to find out the resident half day schedule.

Any extra EM Elective experience pointers?
Med Student 1: The staff docs were very willing to teach! As it is mandatory to do a month long elective, make the most of your time in the department, people will remember you if you do.
Med Student 2: Try and get involved as much as possible within reason. Show that you are keen, again within reason. Talk to the residents about the program. If you are able to get a shift in with the PD that’s definitely a bonus, but not necessary.

Where did you stay?
Med Student 1: With family in Kitsilano – easy 20-25 minutes walk to the hospital.
Med Student 2: I live next to VGH, but there are a lot of people subletting around the VGH area around elective time. I suggest going on Craigslist, or e-mailing a student at UBC to find out.

Best restaurant in town?
Too many to count

Any ‘must dos’ in the city?
Med Student 1: Take advantage of the outdoors! Run/walk the Seawall, visit Stanley Park, trudge through the Grouse Grind, check out the multiple beaches. Eat sushi, go out in Gastown. Rent a car and check out the Sea to Sky highway, Whistler, Squamish - go hiking or skiing. Check out Granville Island Market.
Med Student 2: Enjoy the outdoors: Stanley Park, English bay, local mountains, Whistler if you have a few days off. Watching a Canucks game. The market at Granville Island. Capilano suspension bridge
Program Contacts

Program Director
Dr. Sandy Dong

Assistant Program Director
Dr. Colleen Kjelland

Program Administrator
Maria Borges

Visiting Elective Administrator
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Program Website
http://emergencymed.med.ualberta.ca/Pages/default.aspx

Elective Website
http://ume.med.ualberta.ca/CurrentMDStudents/VisitingStudentElectives/Pages/default.aspx

Information
Position Quota (2013)
6 positions

Elective Application
Online

Elective Duration
2-4 weeks

Academic Day
Full Day Tuesday

About the Program

Our outstanding trainees and dedicated teaching faculty have proven a powerful combination. Since the program’s inception, we have not received a single unsatisfactory evaluation for any of the rotations undertaken by our residents. In fact, the vast majority of the evaluations have been in the "exceeds expectations" category, citing not just the residents’ clinical performance, but also their personal and professional qualities. As more and more of the care of acutely ill or injured patients devolves to the emergency department, emergency physicians will play an ever-increasing role in the clinical and academic training of all physicians. The new generation of academic specialists we are training will be well equipped to meet this challenge.

With two major tertiary care/level 1 trauma centers, multiple community hospitals, and a pediatric tertiary care center serving Northern Alberta, Northern BC, the Yukon and the Northwest Territories, the UofA program exposes residents to a broad spectrum of complex, high acuity patients.

There is over one year of elective time scheduled into the Program to pursue a defined area of clinical or academic expertise. Most of the residents take this opportunity to pursue further formal training such as graduate school, subspecialty training or fellowships. Areas of focus for elective time in the past include Toxicology, Simulation, EMS and STARS, Medical Education, MBC, MPH, ED ultrasound, Airway Management, and Disaster Medicine.
**Electives**

An elective in Emergency Medicine offers you a wide variety of interesting patients and clinical challenges. Under the supervision of an Emergency Physician, you will examine patients and develop proficiency in the initial assessment and management of undiagnosed diseases and injuries. You will observe and assist in the initial management and assessment of major medical, surgical and other emergencies. You will perform a variety of outpatient procedures, under supervision. Each student’s assigned rotation will involve evening, night, and weekend shifts. A total of four students (eight at the combined RAH/NEC and UAH/WHC sites) can be accommodated at any one time. Please check the Elective Schedule for availability.

**Students may choose to do an elective at any of the sites below.**

Grey Nuns Community Hospital  
Dr. Pat San Agustin ([drpat@mac.com](mailto:drpat@mac.com))

Misericordia Community Hospital  
Dr. Kevin Harris ([hugoharris@shaw.ca](mailto:hugoharris@shaw.ca))

Sturgeon General Hospital (St. Albert)  
Dr. Rob Daloise ([robdaloise@shaw.ca](mailto:robdaloise@shaw.ca))

University of Alberta Hospital/WestView Health Centre (Stony Plain)  
Dr. Randy MacDonald ([rimmd@shaw.ca](mailto:rimmd@shaw.ca))  
Dr. Ryan Oland ([olandryan@shaw.ca](mailto:olandryan@shaw.ca))

Royal Alexandra Hospital/Northeast Health Centre  
Dr. Andrew Stagg ([apstagg@shaw.ca](mailto:apstagg@shaw.ca))  
Dr. Boyd Edgcumbe ([bme@ualberta.ca](mailto:bme@ualberta.ca))

To schedule an elective: Please contact the Electives Administrator in Undergraduate Medical Education at [elisha.krochak@ualberta.ca](mailto:elisha.krochak@ualberta.ca).

1-002 Katz Group Centre for Pharmacy and Health Research  
University of Alberta  
Edmonton, Alberta  
Phone: 780.492.6350

While you await approval, you should contact Mary-Lynn Ferguson, Undergraduate Program Administrator at ([emugme@med.ualberta.ca](mailto:emugme@med.ualberta.ca)) to reserve a spot on the Electives schedule. Contact your preceptor and/or Emergency Medicine UGME Administrator at least one week before you begin your elective, to arrange your schedule and an orientation time.
Question/Answer with a Medical Student who completed an elective at UofA

Hospital
Med Student:I did my elective at the Royal Alexandra Hospital (RAH) / Northeast Community Health Centre (NEHC), however there is also the option of doing electives at the University of Alberta Hospital (trauma), the Misericordia or Grey Nuns Hospitals (community).

How long are electives (2 weeks, 3 weeks, or 4 weeks)?
2-4, depends on your preference

How many shifts do medical students get on elective?
2 weeks = 8; 3 weeks = 12; 4 weeks = 14-16

How long are shifts?
Depends on the site, usually 8 hours with time for clean up

Description of ED structure (urgent care, minor area, observational area, resus, etc)
As an elective student you will get a fair mix of acute and minor side shifts. RAH also has the NEHC, a stand alone urgent care centre staffed by FRCP and CCFP-EM docs. NEHC sees the second largest pediatric volume in the city and has some great diversity as it services many immigrant and refugee populations.

Is there is a trauma center?
Both the University of Alberta Hospital and the Royal Alexandra Hospital are level 1 trauma centres with cath labs.

How is trauma set up? Who runs it? (trauma team vs ED Doc on staff)
Trauma is mostly run by the ED staff however there is a trauma team (GenSurg Jr, Ortho Jr, TTL can be ER or Trauma surgeon).

Who do you work with? (Residents, Staff, CCFP-EMS, FRCP staff)
1:1 staff/learner ratio, can be either FRCP or CCFP-EM.

Are you given staff schedules before arriving?
Yes, about 3-4 weeks in advance.

How do you get scrubs?
Hospital dependent

Is there student parking? How much does it cost?
U of A students have a reciprocal pass for all sites costing $80, I am not sure about elective students. UAH has a train station and RAH is accessible by bus.

Academic Half day description (What days are they? What is the structure? Should you be expected to go to SIM?)
(can’t answer, no half days in the summer when I went but elective students are welcome)

Any extra EM Elective experience pointers?
Dr. Sandy Dong, the program director, works at both UAH and RAH. That being said, the U of A Emerg department is very tight knit and word travels around if you make a good impression. There are many amazing preceptors to work with! Be keen, take initiative and suggest management plans and you will be surprised at how much you will be allowed to do.

Where did you stay?
My apartment

Best restaurant in town?
Whyte Ave – Dadeo’s (Cajun)
Mexican – Tres Carnales
Thai – Syphay
Downtown – The Marc (Bistro)
Pubs – MKT, The Pint, Hudsons
Brunch – Sugarbowl, High Level Diner
Local – Culina restaurant chain
Coffee – Transcend

Any ‘must dos’ in the city?
Enjoy the River Valley! Go walking, running, rollerblading or biking on one of the many paths. Rent cross country skis from MEC in the winter time. Walk down Whyte Avenue, visit the Strathcona or 104th Street Farmer’s markets on Saturdays and get the fresh made kettle corn. Experience the nightlife on Whyte Ave, Jasper Avenue or 104th Street– Edmonton is more than just cold weather! West Edmonton Mall has more stores than you can imagine. Duchess Bakery on 124th street is a can’t miss – it has a great atmosphere and decadent treats!
Program Contacts

Program Director
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Phone: 403-210-3802
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Program Website
http://calgaryem.com/

Elective Website
http://www.ucalgary.ca/mdprogram/visitingelectives

Information
Position Quota (2012)
4 spots available

Elective Application
Online

Elective Duration
2, 3, or 4 weeks

Academic Day
Half Day, Thursday afternoon

About the Program

The goal of the Royal College Emergency Medicine Residency Program at the University of Calgary is to educate physicians who wish to pursue an academic career in Emergency Medicine, including involvement in research and education. Graduates of the program will be thoroughly trained in all aspects of Emergency Medicine, including toxicology, trauma, prehospital care, air transport, disaster medicine, and environmental medicine. They will be able to demonstrate consultant level abilities in the recognition, understanding, and management of patients with any illness or injury presenting to the Emergency Department, and will be well-prepared for clinical, academic, and leadership roles within the specialty.

The residency program, although rigorous, is humane, and numerous outings and get-togethers take place. Journal Club is held monthly, usually at the home of one of the Emergency Department staff physicians. There are also the annual welcoming and end-of-year parties, golf and ski days, the Department Christmas party, a Research Day dinner, and the annual weekend retreat held in the nearby mountains.

The Royal College Emergency Medicine Residency Program at the University of Calgary has a collegial philosophy and noncompetitive atmosphere. A close, mutually supportive relationship exists amongst the residents, and a close working relationship exists between the faculty and residents.

There is a large faculty of Royal College certified, residency-trained Emergency Physicians who are dedicated and committed to teaching, and many have made substantial contributions in academic Emergency Medicine. The Departments of Emergency Medicine are well respected in
each of the teaching hospitals. FRCPC residents only work with FRCPC-trained emergency physicians while on rotation in any Emergency Department in the city.

The educational resources, including an extensive and varied patient population, are excellent. The resident's office is well-equipped with a computer, access to a laptop computer and LCD projector for rounds presentations, and current issues of journals such as Pediatric Emergency Medicine Reports, Emergency Medical Abstracts, Journal Watch for Emergency Medicine, and the CD-ROM version of Emergency Medicine Reports. Current issues of the standard texts in Emergency Medicine (Rosen, Tintinalli, and Roberts & Hedges) are also available.

Particular expertise exists in Air Transport, Toxicology, and Prehospital Care, as the Medical Directors of STARS Air Ambulance, the Poison Centre, and EMS are all Royal College-trained Emergency Medicine faculty.

Calgary's proximity to the resort towns of Canmore, Banff, and Lake Louise make it an attractive place to live and work.

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**Electives**

A preceptor-based elective that includes shifts (days/evenings/ Nights) at the Foothills Medical Centre, the Peter Lougheed Centre and the Rockyview General Hospital. Students will undergo a brief initial orientation and will be assigned approximately seven to eight shifts per two-week block, including one of two weekends. Students will work with a variety of preceptors including those from CCFP(EM) and FRCPC training backgrounds. They will also be expected to attend and participate in the city wide academic rounds in emergency medicine held on Thursdays.

Under the supervision of full-time emergency physicians, students will participate in all aspects of the care of patients with a wide variety of presenting problems. Students will have the opportunity to refine their history taking and physical examination skills, as well as to improve their procedural skills. Students will have the chance to assess patients initially in the emergency department and to be involved in all clinical decisions concerning their patients' care.

Please note that in recent years Emergency Medicine has become a very popular elective. Applications are welcomed at any time during the application period, but those received well in advance have a better chance of gaining a position. Cancellations of confirmed electives are discouraged and considered unprofessional in all but exceptional circumstances. When necessary, cancellations should be far enough in advance to allow other students the opportunity to have the elective position (generally three months or more). Energetic, enthusiastic, and highly motivated students who work well in a team setting will benefit most from this elective.

**NUMBER OF STUDENTS ACCEPTED:** Varies from 2-6 depending on the time of year.

(Note: From June – August and spanning Christmas-New Year's period, a reduced number of positions is available.)
To arrange your elective, please e-mail the Visiting Electives Program Coordinator on or after Feb 1, 2013 to get contact information for specific departments. No other forms are required at this time; Immunization forms, as well as the fee are only required once the elective dates have been confirmed. Please see Electives Catalogue at the visiting electives website for a complete listing of electives offered. The Visiting Electives Office does not have a master list of availability with the departments. Once you have arranged your elective with the Department contact, please forward by e-mail the confirmation of your elective, and registration forms will be sent to you by email.

Please do not contact preceptors directly without authorization from the Electives Program Coordinator or the Department Contact. All accepted electives must be "Department Approved" and "UME Approved", NOT individual-physician approved. This is to ensure that all criteria have been met and applications have been properly registered for a valid clinical elective.

Cancellation of a confirmed elective with less than 8 weeks' notice will result in a letter to your Undergraduate office regarding professionalism. All visiting electives must be registered with the UME office at least 8-weeks prior to the start of the elective. Any requests for electives after the 8-week deadline will not be considered.

**Fees**

$100.00 non-refundable administration fee in the form of a bank draft, certified cheque or money order payable to the University of Calgary per elective requested. Personal cheques will not be accepted.

**Question/Answer with a Medical Student who completed an elective at UofC**

**Hospital**

Foothills Medical Centre (FMC) / Peter Lougheed Centre (PLC)

**How long are electives (2 weeks, 3 weeks, or 4 weeks)?**

2-4 weeks

**How many shifts do medical students get on elective?**

8 shifts in 2 weeks

**How long are shifts?**

8 hours plus clean up

**Description of ED structure (urgent care, minor area, observational area, resus, etc)**

Varies. I had 2 minor treatment shifts and 6 resus/acute/observational area shifts but for the first 2 hours of certain shifts at the Foothills you see more minor patients then switch to the acute side

**Is there is a trauma center?**

FMC is the level 1 trauma site, but PLC gets a lot of “drop by ambulance” trauma

**How is trauma set up? Who runs it? (trauma team vs ED Doc on staff)**
Very well organized trauma team if activated – if not a level 1 then it is ED staff run.

Who do you work with? (Residents, Staff, CCFP-EMS, FRCP staff)
1:1 staff/learner ratio, mostly FRCP but I did work with some CCFP-EM's. I had one shift with a senior resident as well.

Are you given staff schedules before arriving?
Yes, 3-4 weeks before.

How do you get scrubs?
No clue. I brought my own.

Is there student parking? How much does it cost?
Not sure.

Academic Half day description (What days are they? What is the structure? Should you be expected to go to SIM?)
Academic days on Thursdays, guidelines are very well set out for elective students – you attend grand rounds in the morning followed by the Jr. learner sessions for clerks and off service juniors. In the afternoon you are welcome to join the resident half day.

Any extra EM Elective experience pointers?
Commit to a management plan based on a well thought out differential. The more interest you show, the more you’ll be allowed to do.

Where did you stay?
With family in Parkdale, less than 5 minute drive to FMC

Best restaurant in town?
Sushi – Globefish
Italian – Una (Pizza)
Brunch – Dairy Lane Café
Milkshakes – Peter’s Drive In
Coffee – Phil and Sebastian

Any ‘must dos’ in the city?
Make a trip out to Banff or Canmore to ski or hike. Check out the shops and coffee houses in Kensington. Go out on 17th Avenue at night. Go for a walk along the river on Memorial Drive. The Calgary Zoo is wonderful and has a new penguin exhibit. Both Market Mall and Chinook Mall have a fantastic selection of shops and tax is only 5% in Alberta!
About the Program

The University of Saskatchewan's FRCPC Emergency Medicine Residency Program officially began operations on July 1, 2011. Although it is a brand new residency program, a well-developed curriculum was implemented from the very first day. This was made possible by several years worth of devotion to planning and preparing.

Key aspects of the academic program include half and full day teaching sessions, practical skills sessions, textbook rounds, research days, and journal clubs. Official rotations have been designed closely with other specialty programs to ensure a strong emphasis on relevant learning for emergency medicine residents exists.

Our FRCPC program also works closely with the CCFP-EM programs in both Saskatoon and Regina to ensure a productive and collaborative learning environment exists. Residents complete one emergency medicine rotation in Regina each year.

One of the many benefits to being such as small residency program is the close working relationship that the residents have with the staff. In addition to academics, both parties routinely engage in social activities and events.

Great things are happening here in Emergency Medicine and we are looking to train the next generation of leaders in the specialty.
Electives
Electives are offered for a minimum of 2 weeks/maximum 12 weeks duration based on availability. No electives students will be accepted from January 1 to April 30 inclusive each year unless unusual circumstances prevail. The programs are tailored to the individual student and will take place at one of the three hospitals in Saskatoon or one of the two hospitals in Regina.

Applications for electives must be received no later than six months prior to the time of the proposed elective.

If your application is accepted, it will be necessary for you to arrange the following:

The College of Physicians and Surgeons of Saskatchewan requires that you complete the application for the Educational Register (our office will supply you with the necessary form for registration). This is a medical-legal requirement for training in the hospitals and students may NOT take any kind of hospital training without this registration.

To register with the College of Physicians and Surgeons of Saskatchewan, it will be necessary for you to go in person to their office before beginning any clinical instruction. They are located at 211 - 4th Avenue South in Saskatoon. There is a $25.00 registration fee (subject to change) which must be paid at the time of registration.

Immunization requirements for an elective at the University Saskatchewan include the following:

a) proof of recent mantoux testing
b) proof of Hepatitis B immunization

Fees
A non-refundable placement fee of $100 must accompany the elective application. Only certified cheque or money order in Canadian Funds will be accepted and should be made payable to “University of Saskatchewan”.

Accommodations
Accommodations must be arranged by the student. The following places are suggested.

St. Andrew’s College; phone: (306) 966-8970 (Summer Only)
Lutheran Theological Seminary; phone: (306) 966-7898
Laura’s Lodge; phone: (306) 934-7011
College Drive Lodge; phone: (306) 665-9111
St. Petro Mohyla Institute; phone: (306) 653-1944
Ogle Hall, St. Thomas More College; phone: 1-800-667-2019,(306)966-8900
Program Contacts

Program Director
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Program Website
http://umanitoba.ca/faculties/medicine/units/emergency_medicine/

Elective Website
http://umanitoba.ca/faculties/medicine/education/undergraduate/electives.html

Information

Position Quota (2013)
4 spots available

Elective Application
Paper

Elective application timeline
May apply 9 months prior to elective start date

Minimum elective duration
2 weeks

Required Elective Documents
http://umanitoba.ca/faculties/medicine/education/undergraduate/media/Visiting_Elective_Checklist.pdf

Academic Day
Academic Full Day

About the Program

University Department of Emergency Medicine highlights:

Two members of the faculty are toxicologists. Both are very active in the program.

One, Dr. M. Tenenbein, is a scholarly researcher with an international reputation. He contributes as a mentor to the research program.

Research director Dr Erin Weldon has a very strong interest in EMS research.

Faculty with subspecialty training including palliative care, critical care and medical ethics

The program has strong ties with both the provincial air ambulance service and the pre-hospital care system. Two of the attending physicians serve as Medical Directors for the City of Winnipeg EMS service.

Two new state of the art Emergency Departments opened at the Health Sciences Centre for pediatric and adult patients

An Emergency Department Information System with an electronic tracking and white board introduced at the Health Sciences Centre Emergency Departments. (Adult and Pediatric) and St Boniface Emergency department.

- High patient acuity with large volumes and high rates of pathology
- Protected weekly time for academic full day
- Annual Resident's Retreat
- Cohesive resident group
- Monthly resident/faculty Journal Club
- ACLS, ATLS, PALS, AIME - all paid for under the contract
- One week education leave
- $1,000 Cdn/yr provided to each resident by faculty for
Electives
This elective serves as an orientation to Adult Emergency Medicine. Candidates are expected to learn about disease processes as they affect patients who present to the Emergency Department and to appreciate and gain exposure to the specialty of Emergency Medicine. Candidates will learn applied problem solving techniques in Emergency Medicine.

Candidates will spend time with a staff emergency physician preceptor in the department and their clinical activities will range from seeing patients seen by other emergency physicians to examining on their own. Candidates are invited and expected to attend all Emergency Medicine Rounds, Journal Clubs, Resident Seminars and other academic programs as well as experience with the provincial air ambulance is offered.

Call Responsibility: The candidates are expected to perform between 32 - 40 hours per week of clinical time in the Emergency Department, i.e., 4 - 5 shifts/week.

Availability: Electives are available at any time of the year. There are two academic centres: Health Sciences Centre and St. Boniface General Hospital; as well as four community hospitals: Victoria General, Grace, Seven Oaks and Concordia. Each community hospital can accommodate two clerks per rotation. Health Sciences Centre and St. Boniface General Hospital can accommodate approximately 10 students in total per rotation. Therefore, the number of elective students will depend upon the number of existing students doing their clerkship rotation in each specific department. We will do our best to facilitate all elective students.

General Elective Guidelines
Electives of up to a total maximum of eight (8) weeks duration can be arranged, with no one elective extending longer than a maximum of four (4) weeks duration and no elective shorter than a minimum of two (2) weeks duration.

Applications must be received three (3) months prior to the requested start date. Applications from a visiting student will not be accepted more than nine (9) months prior to the start of the elective. For applications received at least three (3) months prior to the elective start date, but not more than nine (9) months, we will endeavour to notify the applicant at least eight (8) weeks prior to the start date of the elective as to whether or not an elective placement has been found. Applicants can not request more than two (2) elective choices at one time. Applicants must specify the exact time period during which the elective is to be taken. Electives start on a Monday (Tuesday in the case of a holiday) and end on a Friday. For departments offering subspecialties, applicants must specify which subspecialty is preferred.

Cancellation Policy and Changes: Notification of the need to cancel a confirmed elective must be made in writing/email to the Electives Administrator at least 6 weeks in advance of the start date of the elective. Changes to submitted applications must be made in writing/
email to the Electives Administrator. Only one change will be permitted, after which applicants will be required to submit a new application. Changes will not be made over the telephone.

Question/Answer with a Medical Student who completed an elective at University of Manitoba

Hospital
Health Sciences Centre (Can do an elective at St. Boniface General Hospital… these are the two main ones, and where committee members are usually based)

How long are electives (2 weeks, 3 weeks, or 4 weeks)?
Can do any length, I did a 2 week elective

How many shifts do medical students get on elective?
For a two week elective, I had 10 shifts

How long are shifts?
9 hours, but you don’t stay longer, shifts are overlapped so you don’t typically pick up new patients in the last hours

Description of ED structure (urgent care, minor area, observational area, resus, etc)
Responsibility is based out of the main area: urgent care with resuscitation area, can pick up patients in the minor treatment area if no new CTAS 2-3 patients are occupying beds in the main part. Not typically expected to follow up with patients in the observation area, but will hear about the patients during sign over.

Is there a trauma center?
Health sciences is the trauma centre in Winnipeg

How is trauma set up? Who runs it? (trauma team vs ED Doc on staff)
The ED doc on staff/Senior EM residents (with supervision) typically run trauma

Who do you work with? (Residents, Staff, CCFP-EMS, FRCP staff)
FRCP staff mostly, some CCFP EMs, usually a resident (on, or off service)

Are you given staff schedules before arriving?
You usually know who you are working with for your entire elective (staff-wise) prior to starting your elective. (unless there is a last minute scheduling change)

How do you get scrubs?
Through the elective office, they will pass along the codes/access to the scrub stations. Just make sure you ask specifically about access to scrubs

Is there student parking? How much does it cost?
Can park in the main parking lots- Can be $10/day, or can park on side streets

Academic Half day description (What days are they? What is the structure? Should you be expected to go to SIM?)
Tuesdays, academic full days.
Resident teaching in the mornings, some procedure rounds (taught by FRCP)
Grand rounds in the middle of the day
I did not participate in Sim rounds but they do exist, and you are welcome/encouraged to go
Resident teaching in the afternoons, more didactic structure for these

Any extra EM Elective experience pointers?
Be excited, state your level of experience and comfort, the EM docs are very friendly and willing to teach!

Where did you stay?
At home

Best restaurant in town?
The Exchange District
Deer + Almond (tapas)
King's Head Pub (pub grub and excellent East Indian cuisine)
Peasant Cookery

Academy Road/River Heights
Pizzeria Gusto
Bonfire Bistro
Inferno's
Fusion Grill

Osborne Village
Segovia
Unburger
Naru sushi
Meji sushi

Around Health Sciences
Halong bay (right by HSC)
Magic Thailand
Stella's (for breakfast)

South Osborne
Luxalune Gastropub has a great beer selection/tapas

… I know you said best restaurant in town… but I think that one of Winnipeg’s shining glories is our cuisine! I couldn't pick just one.

Any ‘must dos’ in the city?
Eat!
In the summer: there's usually a festival- folk fest, fringe fest, folklorama are fun. Head to Gimli (it's an hour away, great beach).
Any season: Check out the forks market place(can go skating on the river trail in the winter)
Patio beers along Corydon ave (little Italy, great gelato there too) @ Red Cactus, Saffron's
If you are active and want to spend time outside in a park (Assiniboine park, Assiniboine forest- great bike/running trails).
Hit up the Bridge Drive In on Jubilee ave for great ice cream
Live music: Great venues include: Burton Cummings theatre, the Garrick, West End Cultural Centre. There are usually concerts at one of these venues, and worth checking out!
JETS! BOMBERS!

So, in closing…. I love Winnipeg, it’s a great city and definitely highly underrated to people that don’t know about it. Culture-wise, incredible options for a variety of people.
Elective-wise:
We see a lot of trauma that comes through the Health Sciences Centre. I had a great elective here and would highly recommend the experience to anyone interested in EM.
About the Program

The strengths of the program reside within the dedicated faculty, the commitment to teaching and the extensive and varied patient population.

Residents are evaluated on a regular basis by means of direct observation and in-training examinations, both written and oral in nature. The program director reviews resident progress on a regular basis.

There are opportunities for interprovincial and international electives while training in the program. Past residents have done electives in other provinces in Canada, the United States and around the world. These electives need to be arranged by the residents with approval of the residency training committee. In general, there is not financial support for residents in these electives.

There are currently 15 residents in the Emergency Medicine Residency Program spanning 5 clinical years. Currently there are 50 faculty members at The London Health Sciences Centre and 8 full-time Pediatric Emergency physicians at the Children’s Hospital of Western Ontario.

Although there are no mandatory rural or community rotations, it is very common for residents to take electives in Clinical Toxicology at The Hospital for Sick Children in Toronto and also NYC. Although these are by definition electives, the program currently supports residents for travel and accommodation up to $750 for these two electives should they desire.

Residents are encouraged to use their elective time wisely to foster additional expertise / fellowship opportunities. These may include but are not limited to Critical Care medicine, Sports Medicine, as well as Masters Programs in Epidemiology, Public Health, Health Administration.
Electives

- Students must be enrolled in the final two years of a Doctor of Medicine program.
- Applicants cannot complete core rotations in the Visiting Student Electives Program at the Schulich School of Medicine.
- For students enrolled in non-Ontario medical schools, electives are available for up to a total of 12 weeks. No exceptions can be made.
- Proof of (Canadian) medical liability (malpractice) insurance MUST be provided.
- Electives offer no remuneration, nor is financial aid available from this faculty.
- Health insurance is compulsory for all visiting elective students, and is the responsibility of the student.
- Electives are non-refundable.

Please note: all placements are to be made through the Visiting Electives Office. Students are not permitted to make prior arrangements with any department or physician at any of the hospitals or clinics.

A completed on-line application form plus the elective fee must be received four (4) months before the start date of the elective. Immunization form to be completed once an elective has been approved and confirmed by the VSE office.

Students from outside UWO with an interest in Emergency Medicine are encouraged to come to UWO for an elective in Emergency Medicine or a related field. Those students interested in the Royal College Emergency Medicine residency are particularly encouraged.

Visiting students are scheduled to work weekday day (0800 - 1600) or evening (1600 - 2400h) shifts at either the University Campus or Victoria Campus (South Street) sites of the London Health Sciences Centre. Should students wish, they may be able to work some shifts at the Emergency Department of the Children’s Hospital. Elective students are not expected to work night shifts or weekends but may do so if they wish. The Division has active faculty members in critical care, EMS and trauma services that would be willing to have students spend time with them as well.

Visiting students are also welcome to participate in structured residency program learning activities such as core content, grand rounds and journal club.

Fees
Students from Canadian Universities are required to pay a fee of $100.00 per elective, payable online. Receipt of application and fee does not guarantee confirmation of placement.

Question/Answer with a Medical Student who completed an elective at University of Western Ontario

Hospital
University Hospital and Victoria Hospital. I was split between both. Make sure to check you schedule because I showed up at the wrong hospital by accident!
How long are electives (2 weeks, 3 weeks, or 4 weeks)?
2 Weeks.

How many shifts do medical students get on elective?
I got 10. My schedule was made by the chief residents and I was given the name of all the staff that I was going to be working with before hand.

How long are shifts?
Usually 8 hours with time for clean up. The shifts schedule is casino shifts so they are all different times.

Description of ED structure (urgent care, minor area, observational area, resus, etc)
A mix of all of the above. You cover all areas and just sign up for the most emergent patient on the list that is waiting to be seen. Near the end of your shifts, you will start to see more CTAS 4-5s that will not require as many investigations in order to minimize hand over.

Is there a trauma center?
Yes. Victoria Hospital.

How is trauma set up? Who runs it? (trauma team vs ED Doc on staff)
The Trauma team leader runs the trauma but before they arrive, the ED Doc runs the trauma. You are always welcome to go in and observe. Put on gloves while you observe in case they want to get you involved!

Who do you work with? (Residents, Staff, CCFP-EMS, FRCP staff)
I was never one-on-one with the staff. There were usually multiple medical students and residents (on service and off service) scheduled for the same shift with the same staff as you. This was helpful because I was able to meet other students who knew the hospital better than me and could provide some helpful tips.

Are you given staff schedules before arriving?
Yes. When you are given your schedule, you are given the staff and the hospital that you are working at. The elective student schedule is made by the chief residents and they often try to put you on a couple shifts with the program director or assistant program director!

How do you get scrubs?
Scrubs were only open two hours a day (one hour in the morning and one at lunch). I worked during all those times so I brought my own. I would suggest doing the same.

Is there student parking? How much does it cost?
No there is not. I believe I got a parking pass for the week for approximately 40 dollars in a covered parking lot. The parking pass was good at both hospitals.

Academic Half day description (What days are they? What is the structure? Should you be expected to go to SIM?)
There is academic half day and you are surely welcome to come! They will give you all the information about half day when you have your orientation. The chief resident orients you to the hospi-
tal computer system before your first shift. It’s a great system because you already feel comfortable with the computer system on your first shift and all your passwords work!

*Any extra EM Elective experience pointers?*
Go to half day! Meet the residents. Bring change when you work at Vic Hospital for the candy they sell in the emerg =).

*Where did you stay?*
At a friend’s.

*Best restaurant in town?*
Bangkok Pad Thai - on Richmond
The Bungalow Neighbourhood - best burgers
The Tasting Room - Fancy but tasty!
Ozen - Excellent sushi!
Joe Kool’s - Great place to grab a beer.

*Any ‘must dos’ in the city?*
Go to the market! It’s super cute and has great coffee.
Go bowling at the Palasade…. it’s a ton of fun and you will be able to practice for the social on CaRMS tour!
There are cheap movies on campus... check them out if you have time =)
Run along the river.
About the Program

Our program consists of 32 highly motivated, self-directed and enthusiastic residents with a keen interest in emergency medicine.

Over the course of their training, residents will complete all the mandatory requirements of the RCPSC for training in emergency medicine. In addition, there are significant opportunities for elective and selective time, in which our residents pursue their personal clinical and academic interests.

We have a required research component, in accordance with the RCSPC guidelines. Residents are strongly encouraged and supported in exploring their research interests beyond this mandatory requirement, however.

Our emergency medicine clinical teaching units include academic and community sites with diverse patient populations and a variety of clinical exposures. Residents have a graded level of responsibility over the course of five years as their knowledge base and clinical skills develop. By the senior years of the program, resident should function independently at the level of consultant emergency physicians, but faculty support is always available.

We encourage you to visit our program website to obtain more detailed and up to date information, and to learn more about our residents and faculty.

The Royal College Emergency Medicine Training Program at McMaster University strives to educate physicians who wish to pursue a career in Academic Emergency Medicine. Upon completion, the resident is expected to demonstrate consultant-level abilities in the recognition, understanding, and treatment of illness and injuries presenting to the Emergency Department. These individuals, as part of a commitment to a career in emergency medicine, would be expected to enhance the provision of emergency health serv
ices, and be involved in research and education.

The program is currently reviewing and updating its required rotations and their sequence to reflect the recent changes to the College specialty training requirements in Emergency Medicine (rcpsc.medical.org). The curriculum will include a minimum of 24 months of Emergency Medicine, 4 months of elective time, 6 months of critical care, and 6 months of a scholarly project. The remaining months will be divided amongst required medical and surgical required rotations and selectives. There will be a minimum of 4 months of pediatric and community Emergency Medicine outside of Hamilton.

Electives

There are three major teaching hospitals that provide a varying experience in Emergency Medicine.

Hamilton Health Sciences Corporation

- General Campus
- Henderson Campus
- St. Joseph’s Hospital

A block elective of 2-4 weeks is available at different times of the year, for students in their final year of medical school. The student shall contact the UC prior to the block, providing a list of objectives for the rotation. Students shall be oriented to the block elective experience on Day 1, at which time scheduling and evaluation issues are reviewed. It is expected the student will complete at least 4-5 shifts per week, including weekends and some nights. A written list of objectives must be submitted two weeks prior to the start date of the elective. Students are responsible for the completion of end of rotation evaluations by preceptor and the return of elective evaluation to Darci Hill.

Fees

2 weeks $150; 3-4 weeks $200; 5-6 weeks $250. If we cannot find you a placement your fee will be returned with the exception of the $50 non-refundable administration fee.

Question/Answer with a Medical Student who completed an elective at McMaster Hospital

St. Joes

How long are electives (2 weeks, 3 weeks, or 4 weeks)?
2 Weeks

How many shifts do medical students get on elective?

11
How long are shifts?
Usually 8 hours with time for clean up

Description of ED structure (urgent care, minor area, observational area, resus, etc)
A mix of all of the above. There were also 2 shifts in the “urgent care centre”, a separate location which serves mostly CTAS 3, 4, and 5.

Is there a trauma center?
There is in Hamilton, but St. Joes isn’t it

How is trauma set up? Who runs it? (trauma team vs ED Doc on staff)
N/A.

Who do you work with? (Residents, Staff, CCFP-EMS, FRCP staff)
Mostly one-on-one with staff, but there were residents (mix of senior and junior, on/off service.)

Are you given staff schedules before arriving?
The day before

How do you get scrubs?
Scrubs were free – they are on carts near the department.

Is there student parking? How much does it cost?
Yes there is. Can’t remember price.

Academic Half day description (What days are they? What is the structure? Should you be expected to go to SIM?)
Did not attend the half day, as the residents had their research day instead.

Any extra EM Elective experience pointers?
Great staff with strong personalities. Very welcoming environment.

Where did you stay?
At a friend’s.

Best restaurant in town?
Memphis Fire barbeque -Bbq and burgers
Spring sushi - Sushi
Wass Ethiopian Restaurant - Ethiopian
La Spaghett - American/Italian
Mex-i-can - Mexican
Program Contacts

Program Director
Dr. Karen Woolfrey

Administrative Assistant
Kim Aston

Executive Administrator
Sawan Massey

Visiting Elective Coordinator
Sheila Binns
Sheila.binns@utoronto.ca

Phone: 416-978-2691
Fax: 416-978-4194

Program Website
http://www.emergencymedicine.utoronto.ca/site3.aspx

Elective Website
https://admin.med.utoronto.ca/utme/visiting/application/index_javascript.cfm

Information

Elective Application
Online

Elective application timeline
May apply 9 months prior to elective start date

Minimum elective duration
3 weeks

Academic Day
Half Day, Tuesday mornings

About the Program

As Canada’s largest and most diverse city, Toronto, Ontario’s capital city, presents a unique opportunity for residents both in and away from the residency program. Not only is our program now the largest of its kind in the country, but our core sites are among the busiest in the nation. Each site provides residents with valuable exposure to diverse patient populations (including inner city and at-risk patients) as well as to a high variety of pathology. The diversity of its population is also well-reflected in Toronto’s incredible mix of unique cultural, nightlife, dining and shopping options. The city offers many natural escapes, as well, including Toronto Island, the Harbourfront and numerous parks and recreational facilities. This program has a well-established and hierarchical mentorship program. Each incoming resident has a PGY-2, senior resident (PGY-3-5), faculty and research mentor. Mentors act as a resource to the resident, providing advice about the program, the profession, or the lifestyle of the staff emergency physician. Resident mentors are assigned. Faculty mentors are chosen by the resident by the end of the first PGY year. This is done in concert with the Program Director and with the assistance of a well-designed Program listing of mentors and their interests and academic/clinical expertise.

The Emergency Medicine Residency Training Committee (EMRTC) is an advisory committee to the Program Director and provides guidance for decision-making and process issues pertaining to the residency program. Resident representation is encouraged on this committee. Resident members include a PGY-1 member; junior and senior representatives; and chief residents. Residents can do up to six months at a non-accredited site or any elective time approved by the program at an accredited site. One month elective is offered in each of the PGY-1 through 4 years. Additional elec
tive time can be arranged in the PGY-5 year.

There are 66 faculty members with academic appointments as of July 2011 including 2 professors, 7 associate professors, 33 assistant professors and 24 lecturer or equivalents. Clinical ratios depend on the site and rotation. At the core emergency medicine sites, there is from one to four staff on duty at all times. Residents enjoy graded responsibilities and have the opportunity to work with their senior resident colleagues as well as be supervised by emergency staff directly.

Core emergency medicine sites are Sunnybrook (SHSC), St. Michael’s Hospital (SMH), and University Health Network (UHN), which includes Toronto General and Toronto Western sites. Additional training sites include Hospital for Sick Children (HSC), North York General Hospital (NYGH), the Credit Valley Hospital in Mississauga, and ORNGE, the air ambulance and transport medicine service for the province of Ontario.

 Electives Requirements
Students who are applying to take electives in the Faculty of Medicine, University of Toronto should note the following requirements and information. Individuals not adhering to the following procedures will not be permitted to take part in elective activities.

A complete application is required for processing and must include the following:

1. Application form (online)
2. Administrative fees

Only students registered in the Clerkship phase of their medical program at the time when the elective would take place are eligible to apply for an elective at the University of Toronto. Please note that only electives undertaken for academic credit will be processed. Electives are available for a maximum of eight (8) weeks in one academic year. There are no exceptions to this maximum duration. Submit your application form to the Faculty of Medicine at least four (4) months prior to the desired starting date. A $50.00 late fee along with the administrative fees must accompany applications arriving after the four-month deadline. Applications received later than six (6) weeks prior to the starting date will NOT be accepted. The earliest date that an application will be processed is nine (9) months prior to the elective starting date. Placement in a hospital and department is dependent upon availability of space during the requested elective period. When you receive your confirmation of elective, you will be given the name of the hospital emergency where your elective will be located.

Receipt of application will be acknowledged by e-mail only. Receipt of fees and application does not guarantee confirmation of placement. If a request for placement cannot be accommodated, the University of Toronto will retain $50.00 of the administrative fees and the balance will be refunded. Elective changes are not permitted. If you choose to change your department or preceptor, your application will be cancelled, and you may resubmit a new application and administrative fee. Should you decide to cancel the elective period once it is con-
firmed, you will be required to notify us at least six weeks prior to the commencement of the elective period. There will be no refund.

For details on specific Emergency Medicine elective sites please the see following link: http://www.emergencymedicine.utoronto.ca/Education/Undergraduate_Education/Electives/Emergency_Medicine_Electives.htm

### Fees

<table>
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<tr>
<th>Duration</th>
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</thead>
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<tr>
<td>1-2 weeks</td>
<td>$220.00</td>
</tr>
<tr>
<td>3-4 weeks</td>
<td>$290.00</td>
</tr>
<tr>
<td>5-6 weeks</td>
<td>$360.00</td>
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<tr>
<td>7-8 weeks</td>
<td>$440.00</td>
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A $50.00 late fee will be charged on applications submitted less than four months prior to the start of the first elective.

### Housing Accommodation

If you require accommodation we recommend you use the University of Toronto's Housing Services who has made arrangements with local landlords who specialize in offering short-term accommodations for students in the Visiting Electives program.

Students who have been assigned an elective placement will receive an email with a confidential Username and password that will allow full access to the listings.

Additional information:

1. For best results, be sure to filter your results for "weekly" lease lengths.
2. We recommend you make arrangements for accommodations before your arrival.
3. Binding agreements should NOT be made until written confirmation of an elective placement is received from the Visiting Electives Office.

Landlords who are interested in registering their housing accommodation with the University of Toronto Housing Services may visit the following link for detailed information about the process: http://www.housing.utoronto.ca/landlord/

### Question/Answer with a Medical Students who completed an elective at UofT

**Hospital**
- Med Student 1: Sunnybrook Hospital
- Med Student 2: St. Michael's Hospital

**How long are electives (2 weeks, 3 weeks, or 4 weeks)?**
- Med Student 1: I did a 2 week elective, however I heard through the grapevine that these are discouraged, and 3 week electives are more common
- Med Student 2: I did a 3 week elective
How many shifts do medical students get on elective?
Med Student 1: For a 2 week elective, I did 9 shifts
Med Student 2: In three weeks I did 14 shifts but I picked up 2 or 3 extra ones.

How long are shifts?
8 hours, and you don’t stay much longer past the end of your shift

Description of ED structure (urgent care, minor area, observational area, resus, etc)
Pod-structure with patients assigned to pods based on severity of entrance complaint, you will be assigned to one pod per shift, typically the higher acuity pods

Is there is a trauma center?
Sunnybrook and St. Mike’s are trauma centers

How is trauma set up? Who runs it? (trauma team vs ED Doc on staff)
Trauma team takes care of the resus bay but you are usually welcome to observe

Who do you work with? (Residents, Staff, CCFP-EMS, FRCP staff)
FRCP staff mostly, some CCFP EMs, usually a resident (on, or off service)

Are you given staff schedules before arriving?
Med Student 1: You usually know who you are working with for your entire elective (staff-wise) prior to starting your elective. (unless there is a last minute scheduling change).
Med Student 2: At St. Mike’s they don’t give out staff schedules so you do not know who you are working with until you show up for your shift.

How do you get scrubs?
Med Student 1: This was a long drawn out process. You got your elective package from one lady, had to go get your security badge from another office, then once you had your elective package and security badge you could wander down the laundry to pick up a set of scrubs. … Needless to say, I started and ended my elective on evening shifts so it didn’t make sense to pick up scrubs, I didn’t end up getting a pair.
Med Student 2: I just brought my own! I would highly recommend doing the same.

Is there student parking? How much does it cost?
Med Student 1: I didn’t rent a car, the public transit in Toronto was efficient.
Med Student 2: I took public transit to St. Mike’s. You can get off the subway at Queen or Dundas station.

Academic Half day description (What days are they? What is the structure? Should you be expected to go to SIM?)
Med Student 1: Tuesdays. Academic half day- resident teaching in the AM (split first years from upper years in the morning session)
Then grand rounds, M & M rounds.
I did not attend sim during my elective, it wasn’t offered during that time.
Med Student 2: I attended academic half day (see above for structure). I was also able to attend journal club which was an excellent opportunity. I would recommend going if you have the chance on elective. At St. Mike’s, the Senior residents also do a morning of teaching and
simulation for medical elective students and off service residents. It's an excellent learning opportunity and a great way to meet people and see the awesome SIM lab.

**Any extra EM Elective experience pointers?**
Med Student 1: Attempt to set up a meeting with Dr. Woolfrey/a shift with Dr. Woolfrey while you are working in Toronto.
Med Student 2: I thought the big city would be intimidating but it wasn’t at all! People were very friendly and I felt welcome. Have fun!

**Where did you stay?**
With a friend!

**Best restaurant in town?**
Grand electric - tacos
Guu
Wvrst - Sausages and fries
Sushi on bloor
Koh San road - Thai
Little India - Indian
Beer bistro - duck fat fries and everything else
Cafe le gaffe - breakfast
China town (anywhere on spadina) - late night Chinese food
The Danforth - every restaurant has excellent greek food

**Any 'must dos' in the city?**
Wander down Queen Street West
Check out the waterfront/CN tower, St. Laurence market, and Kensington market.
Go to the AGO or a show!
Eat!
Program Contacts
Program Director
Dr. Terry O’Brien
Administrative Assistant
Veronica LeRoy
Program Website
http://meds.queensu.ca/medicine/emergency/
Elective Website
http://meds.queensu.ca/education/undergraduate/visiting_medical_electives

Information
Position Quota (2012)
4 spots available
Reference Letters
3 letters required
Staffing
1:1 Faculty: Resident ratio.

Academic Day
Full Day Thursday

Elective Application
Paper copy by mail

Elective application timeline
May apply 6 months prior to elective start date

Minimum elective duration
2 weeks

About the Program

Queen’s University Emergency Medicine is at the forefront of clinical research and education. We proudly retain some of Canada’s first emergency medicine physician specialists and benefit from their wisdom, knowledge and expertise. With these individuals, and a bright, energetic group of new faculty and superb resident group, we are able to provide one of the most comprehensive and diverse teaching programs in the country.

We are a major research centre, with a very active and well funded group of primary and collaborative investigators. The faculty team has a considerable range of secondary interests that are complementary to emergency medicine. We have physicians in our faculty who have Master’s degrees in Medical Education and in Clinical Epidemiology, fellowships in medical toxicology, critical care, ED bedside ultrasound, public health and disaster planning and expertise in sports medicine. Our department boasts an internationally recognized Injury Research Group and can provide opportunities in international health, cruise ship medicine, pre-hospital care and high-level administrative responsibilities. Some faculty members have focused their secondary interests on clinical procedures and best practice protocols.

We offer a flexible schedule with plenty of elective time to pursue and realize your personal interests and career goals. Despite the rigorous academic schedule, your colleagues have traditionally enjoyed spending time together outside of the hospital during social events or through such activities as cycling, windsurfing, golf, kayaking, triathlons and a range of winter sports. Our small size fosters close working
relationships with physicians and staff in all specialties and sub-specialties within the system. Moreover, the ability to interact with the small group of professionals time and again enhances our strong sense of community and family.

Electives
The Department of Emergency Medicine welcomes students who wish to do an elective in Emergency Medicine at Queen's University. Electives are 2-4 weeks in length and subject to available space on the clerkship schedule. Description of the rotation and objectives can be found under the EM Clerkship Guidelines. All electives in Emergency Medicine at Queen's University are arranged through the Undergraduate Office.

Please note that your clerkship elective application must include the following:
1- Objective outline and delineation of clinical experience to date
2- A clerkship elective application that can be found online
3. A communicable disease screening form, which can also be found online
4. A passport sized photo of yourself
5. Proof of an N95 Mask Fit Testing
6. A recent Criminal record check

Fees
There is a nonrefundable administrative fee of $100.00 per elective. A certified cheque or money order (Canadian Funds) made payable to Queen’s University must accompany the application.

Question/Answer with a Medical Students who completed an elective at Queen’s Hospital
Kingston General Hospital and Hotel Dieu Hospital. You will have shifts at both hospitals and they are walking distance from each other.

How long are electives (2 weeks, 3 weeks, or 4 weeks)?
I did a 2 week elective.

How many shifts do medical students get on elective?
For a 2 week elective, I did 9 shifts. I was split between Hotel Dieu Hospital and Kingston General Hospital.

How long are shifts?
8 hours, and you don’t stay much longer past the end of your shift unless you are doing the closing shift at Hotel Dieu. The urgent care facility closes at 10 p.m. and you see every patient that is in the building by that time. I usually got out around midnight.

Description of ED structure (urgent care, minor area, observational area, resus, etc)
At Kingston General Hospital, there is a pod-structure with patients assigned to pods based on severity of entrance complaint, you will be assigned to one pod per shift. At the end of
your shift, you will see the lower acuity patients (CTAS-4 and 5) for the last couple hours of your shift.

At Hotel Dieu Hospital, you see all patients in the order that they come through the door.

Is there a trauma center?
Kingston General Hospital

How is trauma set up? Who runs it? (trauma team vs ED Doc on staff)
From what I saw, the emergency doctors take care of the resus bay but you are usually welcome to observe

Who do you work with? (Residents, Staff, CCFP-EMS, FRCP staff)
One FRCP staff and a resident (on, or off service)

Are you given staff schedules before arriving?
Yes, you are given your schedule but you do not know who you work with. If you have questions about who you have shifts with, the administration are helpful in letting you know which staff you will be on with.

How do you get scrubs?
I brought my own!

Is there student parking? How much does it cost?
There is no student parking. There is a parking lot across the street from the hospital and it costs 13$ a day. There is no street parking either. It is best to try and stay close to the hospitals and walk everywhere.

Academic Half day description (What days are they? What is the structure? Should you be expected to go to SIM?)
Academic Days are Thursdays. There is teaching in the morning and then there is Senior Simulation for the residents in the afternoon. You are welcome to attend the simulation sessions and I would highly recommend it. It gives you a great opportunity to see the excellent SIM facility and get to know the residents. There is also Junior Simulation on Friday mornings that you are expected to take part in with the medical students who are doing their mandatory clerkship rotation. Nursing students from Queen’s also attend Junior Simulation.

Any extra EM Elective experience pointers?
Go to SIM sessions because they are excellent opportunities to meet the residents! Try to walk most places! Bring coffee to the hospital because there were no coffee shops open before 8 a.m. on my elective.

Where did you stay?
With a friend!

Best restaurant in town?
Panchancho - bakery
Harper's - excellent gourmet burgers
Sleepless goat - alternative coffee shop with tasty food
Woodenhead’s - a Kingston staple for oven fired pizza
Atomica - delicious oven fired pizza (has gluten free pizza)
Greco’s - greek
Every cambodian restaurant! My favorite is Royal Ankor - order Dish 1!

Any ‘must dos’ in the city?
Wander down princess street!
Get ice cream from White Mountain if it is the summer.
Walk/go for a run along the water.
Program Contacts

Program Director
Dr. Stephan Choi

Assistant Program Director
Dr. Kari Sampsel

Program Administrative Assistant
Lise Levesque

Program Website
http://www.emottawa.ca/site/month_glance.shtm

Elective Website
http://www.med.uottawa.ca/electives/eng/guidelines_visiting_medical_students.html

Information

Position quota (2012)
7 spots available

Elective Application
Paper mail in

Elective application timeline
May apply 9 months prior to elective start date.

Minimum Elective Duration
2-4 weeks

Rotations
You will be assigned to the Civic Hospital (Trauma center) or General Hospital

Academic Day
Half Day Thursday morning

About the Program

Welcome to the University of Ottawa's RCPSC Emergency Medicine Residency! The 5-year specialty residency in emergency medicine at the University of Ottawa is designed to graduate clinicians with superlative skills, while providing our trainees the opportunity to foster their own interests within emergency medicine and in doing so, produce the leaders of tomorrow of our great specialty.

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One of our huge strengths is the diversity of talent within our faculty that includes over 60 physicians. Our group includes national and international experts in simulation, EMS, ultrasound, medical education, forensics, journal editing; our teachers have been awarded in excellence and have been rated among the best in the Faculty of Medicine. Importantly, Dr. Ian Stiell, our academic chair, is highly recognized internationally for his major research contributions to emergency medicine and leads a team of fantastic researchers in our department (if you are interested in doing research in emergency medicine, the University of Ottawa is definitely the place for you).

Our core training sites include the Ottawa Hospital General Campus, The Ottawa Hospital Civic Campus and the Children's Hospital of Eastern Ontario (CHEO).
Prospective students - who do we want?

Competitive candidates will have demonstrated a strong interest in emergency medicine by way of elective training and rotations done in their own medical schools (this however does not necessarily mean that all your electives must be in emergency medicine). Furthermore, we are looking for people who possess the energy, enthusiasm and character to achieve great things during their residency training and beyond.

Electives

There are a limited number of elective positions available in Emergency Medicine at the University of Ottawa. Preference is given to students in their last year of medical studies. Please look over the policy carefully to ensure that you have the requirements needed to process your application. Medical students from the University of Ottawa and other universities are encouraged to look over the policy for Emergency Medicine.

The student will have the opportunity to assess and manage a broad range of patients presenting to the emergency department of a tertiary care university teaching hospital. The student will hone their ability to do focused history and physical exams, develop a differential diagnosis, and make decisions regarding patient investigations, treatment and disposition. This elective affords the opportunity for hands-on care for the full range of patient presentations from minor complaints to major life-threatening illness and injury. The student will be supervised by clinical teachers of emergency medicine. The student will be able to participate in a variety of teaching opportunities: weekly academic half day, journal club, PGY1 rounds, and Emergency Medicine grand rounds.

Elective policy:

- Must have done 6 months of Core Clerkship OR must have done 3 months of Core Clerkship PLUS 4 weeks of Emergency Electives prior to the Elective date
- Minimum of 3 weeks
- Maximum of 4 weeks
- Must be available for day/evening/weekend and overnight shifts
- Maximum of 4 shifts per week spread out over the various areas in the ED
- Maximum of 4 elective students at any 1 time (2 at each site)
- Maximum of 2 outside university students at any 1 time
- All non University of Ottawa electives must first go through the Faculty of Medicine, electives office to ensure proper paper trail.
- No out of country electives

Fees

There is a nonrefundable administrative fee of $150.00 per elective. Do NOT send any money or cheque with you application. Once your elective application is received, you will be asked to make a payment online.

Question/Answer with a Medical Students who completed an elective at Ottawa Hospital

You will be assigned to the Civic Hospital or the General Hospital Emerg. I was at the Civic.
How long are electives (2 weeks, 3 weeks, or 4 weeks)?
I did a 3 week elective.

How many shifts do medical students get on elective?
I had 11 shifts in 3 weeks.

How long are shifts?
8 hours + clean up.

Description of ED structure (urgent care, minor area, observational area, resus, etc)
There is an urgent care area, an observation area, and a resus area. You are assigned to an area for your entire shift.

Is there a trauma center?
The Civic Hospital

How is trauma set up? Who runs it? (trauma team vs ED Doc on staff)
From what I saw, the emergency doctors take care of the resus bay but the trauma team is called in if necessary.

Who do you work with? (Residents, Staff, CCFP-EMS, FRCP staff)
One FRCP or CCFP staff and a resident (on, or off service)

Are you given staff schedules before arriving?
Yes, you are given your schedule. You are also assigned a ‘preceptor’ who you will do more shifts with. I did four shifts with one doctor and two or three with other doctors. It is helpful to have several shifts scheduled with the same person when looking for a reference letter.

How do you get scrubs?
I brought my own! You can access them free from the OR change rooms.

Is there student parking? How much does it cost?
There is no student parking. There is parking for 13 dollars a day. There is a shuttle that goes between the two hospitals and also a shuttle that goes from the hospitals to downtown.

Academic Half day description (What days are they? What is the structure? Should you be expected to go to SIM?)
Academic Days are Thursdays. There is grand rounds and teaching in the mornings. You are welcome to attend!

Any extra EM Elective experience pointers?
Try and meet the program directors while on elective (or even get a shift with them). There are 24 hour second cups at both hospitals!

Where did you stay?
At home.
Best restaurant in town?
Allium - fancy but delicious
Green door - vegetarian buffet
Union 613 - southern comfort
Art is in - best sandwiches
Baker Street Cafe - best breakfast
Elgin street diner - best poutine
Town
Play - fancy but nice sharing plates
Shwarma Palace - Ottawa has tons of excellent schwarma places, take advantage!

Any 'must dos' in the city?
Walk around parliament/the market
Run/skate along the canal (you can rent bixi bikes and ride them on the canal)
Have a drink in the market
Look up if there are any festivals going on
Go to a Sens Game
Hike/snowshoe/cross country ski in gatineau park
Go to Le nordik spa in gatineau for a relaxing break
Shop at the Rideau Center
About the Program

The McGill EM program offers many highlights as well as great flexibility at all levels.

For the R1, along with your initial core clinical rotations, there is a combined ED/Journal Club month where residents learn to critically appraise a peer-reviewed journal article and submit it for publication. In the second year, there is the dedicated ED ultrasound month; where the resident receives both a basic ED ultrasound course, as well as CEUS IP certification. Residents will then have the remainder of their training to hone their skills in bedside ultrasound. Residents also have the opportunity to rotate at a rural hospital in the James Bay region. R1’s and R2’s also take part in our annual clinical pathological cases (CPC) competition, where they present an interesting, mystery case for an attending staff to solve.

Highlights of the third-year resident include the opportunity to rotate at the Ryder Trauma Center at Jackson Memorial Hospital, Miami, Florida. In the 4th year, the resident will obtain unique and outstanding training in clinical toxicology at the New York Poison Control Center at Bellevue Hospital; a rotation that is consistently rated as a highlight of the residency. The 4th year resident will also have 6 months to develop an "area of interest". This allows the resident to develop an additional expertise within the EM specialty. To date, some residents have focused on medical simulation, international health, education, medical administration, toxicology, pediatrics, and wilderness medicine. There is also a
rotation dedicated to teaching the senior resident how to teach junior learners. This CTU month provides important

**Electives**

Clinical elective is designed to allow students to gain experience in emergency care. Students are encouraged to participate in the diagnosis and management of patients with a wide range of minor or major medical/surgical problems and to learn medical and surgical procedures related to emergency care. This is an exciting, hands-on elective.

Electives are offered at:

Montreal General Hospital - a four to eight week elective for ICM or Clerkship students. Open to a maximum of three students at any one time. Interested students should contact Madeleine Becker, at 514-934-1934, local 42501.

Royal Victoria Hospital - a four to eight week elective for Clerkship students, maximum of three students at any one time. Interested students should contact Gillian Frontin at 514-842-1231, local 34277.

Jewish General Hospital - a four to eight week elective for ICM or Clerkship students, maximum of four students at any one time. Interested students should contact Debbie Pollack, at 514-340-8222, local 3898.

St. Mary's Hospital - a four to eight week elective for Clerkship students, maximum of two students at any one time; interested students should contact Dr. R. Drummond or Mme. C.D. Cusson Room B340. Tel.: 514-345-3605 or 3263.

**Question/Answer with a Medical Student who completed an elective at McGill**

**Hospital**

Royal Victoria

**How long are electives (2 weeks, 3 weeks, or 4 weeks)?**
I did 4 weeks. I think shorter electives might be available.

**How many shifts do medical students get on elective?**
12-14

**How long are shifts?**
8 hours + clean up.

**Description of ED structure (urgent care, minor area, observational area, resus, etc)**
Shifts are either minor care or acute care. Usually 50 50 split between both.

**Is there a trauma center?**
Not at the Royal Victoria Hospital (RVH). But you can do an elective at the Montreal General Hospital (MGH) which is the trauma center.
How is trauma set up? Who runs it? (trauma team vs ED Doc on staff)
N/A

Who do you work with? (Residents, Staff, CCFP-EMS, FRCP staff)
Mostly staff, mix between CCFP-EM and FRCP (roughly half half). If a senior resident was working sometimes you would review with them but this was rare.

Are you given staff schedules before arriving?
No but you are told what staff you will work with when you get your schedule for the elective.

How do you get scrubs?
You get a scrub card. There is a machine near the main OR.

Is there student parking? How much does it cost?
Not sure.

Academic Half day description (What days are they? What is the structure? Should you be expected to go to SiM?)
There is teaching everyday between the day and evening shift (ie 3pm) which you attend if you are working that particular day on the day or evening shifts.

It is also possible to attend academic half days.

Any extra EM Elective experience pointers?
Check out this website for more detailed info on mcgill electives in emerg:
http://www.medicine.mcgill.ca/ugme/electives/emerg_en.htm

Where did you stay?
At home.

Best restaurant in town?
Tons of great restaurants in Montreal but if you want great poutine try La Banquise

Any 'must dos' in the city?
- Check out bike paths and trails on the mountain
- Go out to dinner at the old port
- Tour old Montreal
Program Contacts

Program Director
Dr. John Ross

Administrative Assistant
Leigh Thibideau

Program Website
http://emergency.medicine.dal.ca/index.cfm

Elective Website
http://undergraduate.medicine.dal.ca/electives.htm

Information
Position Quota (2013)
2 spots available

Elective application timeline
May apply 9 months prior to elective start date.

Minimum Elective Duration
2-4 weeks

EDs
Brand new ED department in Halifax

Academic Day
Half day

Staffing
4:1 Staff : Resident ratio

About the Program

At the June 1999 Dalhousie Board of Governors meeting, the Department of Emergency Medicine was formally created. This was only the second time in Canada that the academic community has recognized Emergency Medicine as an academic department, and is a testament to the vision and foresight of the Dalhousie Medical School. Our first graduate successfully passed the Royal College exams in May 2003.

The Dalhousie University Emergency Medicine Program began in July of 1998; despite its youth, the program has established clear goals and has defined its areas of expertise. We are looking to develop leaders in academic emergency medicine, physicians with expectations of a career involving more than practicing clinical emergency medicine. The faculty includes three members with cross appointments to the Division of Medical Education, two faculty members with internationally recognized administrative expertise and several involved in coordinating prehospital care, involving ground, fixed wing and helicopter transfers, for Nova Scotia and New Brunswick. Core rotations include Administration, Prehospital Care and Medical Education. Research is active in the areas of acute pain, pre-hospital, administration, medical education and the management of critical illness in Canadian Emergency Departments. Sufficient time is reserved in the 4th and 5th years for residents to pursue up to one year of sub-specialty training or concentrated study in an area of interest. The program is centered at three hospitals; the Queen Elizabeth II Health Sciences Centre (QEI HSC) and IWK Health Centre (IWK) in Halifax, Nova Scotia, and the Atlantic Health Science Corporation in Saint John, N.B. Residents will spend time at all three sites with (6) six mandatory months based outside the Halifax Regional
Municipality. Residents have the option of additional time in Saint John, New Brunswick if they so wish.

Electives
1. Within the Dalhousie University Division of Emergency Medicine, students may choose from a number of sites for undergraduate elective opportunities. These include the QEII Health Sciences Centre, the Dartmouth General Hospital, the Moncton Hospital, the Saint John Regional Hospital, and the Dr. Everett Chalmers Memorial Hospital (Fredericton). All are busy emergency departments offering a wide range of opportunities. All see pediatric and adult patients with the exception of the QEII HSC, which is adult only.

2. The rotation stresses the primary assessment and management of a wide variety of patient-declared emergencies. These will range from minor medical problems and minor trauma to critically ill medical and surgical cases. Students are expected to become proficient in a variety of emergency medical/surgical procedures, including wound management and casting/splinting.

3. Students work with a significant degree of autonomy, overseen by physicians whose primary practice is Emergency Medicine. Teaching will occur both on the ward and through a number of interactive teaching rounds.

The Department has begun a new process in reviewing requests where they ask you to please provide your responses to the questions below. Once your information has been received, it will then be forwarded to the Elective Selection Committee for review and decision.

Please refer to this website for more information:
http://www.med.dal.ca/medix_public/UME_electives/program.cfm?vID_UME_Program=43

Fees
$100.00 for Students from Canadian Medical Schools
$50.00 Processing Fee:
$150.00 in Total

Processing fee payments must be received prior to having a request processed. Provide a separate cheque for the processing fee. Payment should consist of a money order or credit card number. Money orders can be mailed to the address at the bottom of this window. Credit card numbers will be accepted over the telephone, or via email (be aware that this is a less secure option, and we accept no liability). Please make reference to your name and your Elective Application ID number on all correspondence (it will be on the email that is automatically sent to your address when you submit your request).
Question/Answer with a Medical Students who completed an elective at Mccgill

Hospital
QEII Health Sciences Centre – Halifax Infirmary

How long are electives (2 weeks, 3 weeks, or 4 weeks)?
Min 3 weeks, max 4 weeks

How many shifts do medical students get on elective?
4 shifts/week

How long are shifts?
7-8 hours

Description of ED structure (urgent care, minor area, observational area, resus, etc)
The emerg is made up of 5 pods. Each bed is in its own private room

Pod 1 – 8 unmonitored beds, 3 mental health rooms
Pod 2 – 4 Trauma bays, 4 High acuity beds
Pod 3 – 8 monitored beds
Pod 4 – 8 monitored beds
Pod 5 – Minors area. 7 beds. This pod is run by paramedics (not nurses).

Is there is a trauma center?
Level 1 trauma centre for the Maritime Provinces

How is trauma set up? Who runs it? (trauma team vs ED Doc on staff)
Trauma tram activation on route. TTL is emerg staff or gen surg staff. Trauma team is in house.

Who do you work with? (Residents, Staff, CCFP-EMS, FRCP staff)
About half the staff are FRCP and half are CCFP-EM. You are assigned a staff person for each shift, and you are the only learner with that staff person. Occasionally, there may also be a senior FRCP EM resident as well.

Are you given staff schedules before arriving?
No. However, they are posted in the ED.

How do you get scrubs?
Linens Department. Scrub-EX machines located in inconvenient locations. Machines located on 5th floor next to ORs, or on 2nd floor by the hospital admin offices. Access with your ID card.

Is there student parking? How much does it cost?
No. Parking is $14/day. $2/night or weekend (with your hospital ID)

Academic Half day description (What days are they? What is the structure? Should you be expected to go to SIM?) Academic Full Day is on Wednesdays. Pediatrics in AM, Adult EM in
PM. Grand rounds 12:00-13:00. Elective students are expected to attend grand rounds, but are not required to attend other academic sessions. SIM sessions are open to students, but are not required. Occasionally there are SIM sessions for students only.

Any extra EM Elective experience pointers?
Do not be late for grand rounds. Go even if you are on shift!

The nursing stations at the ED are huge, and you will want to sit and write stuff there. DO NOT sit at the nursing stations. There are designated physician/student stations in each pod. The nurses are very particular about their space.

Where did you stay?
The Dalhousie Medical Students’ Society has a database of current med students/residents with extra rooms that are available to visiting students. See www.dmss.ca

Best restaurant in town?
Il mercato on Spring Garden. The best Italian food.
Jeans on Spring Garden – The most calories/dollar you will find anywhere.
King of Donair – Many of these around the city. Home of the Halifax Donair. The only place you can get it in the world.

Any 'must dos' in the city?
Peggy's Cove – The most photographed place in Canada
Pier 21
Point Pleasant Park
Farmers' Market on Lower Water Street
Emera Oval (speed skating track open to public for free skating in winter).